



# Renu Hope Foundation

## Breakfast For ( 2 - 5 ) Yrs Old

### SEPTEMBER 1-30, 2025

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a nut free institution.**

| MONDAY                                                                                        | TUESDAY                                                                          | WEDNESDAY                                                                        | THURSDAY                                                                                 | FRIDAY                                                                                   |
|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <b>1</b><br><br><b>NO SCHOOL</b>                                                              | <b>2</b><br><br>Blueberry Muffin ½ Serving<br>Diced Peaches 4oz<br>1% Milk 6oz   | <b>3</b><br><br>Waffles ½ Serving<br>Apple Slices 4oz<br>1% Milk 6oz             | <b>4</b><br><br>Bran Bread ½ Serving<br>Tropical Fruit 4oz<br>1% Milk 6oz                | <b>5</b><br><br>Granola w/Yogurt 4oz<br>Mix Fruit Cup 4oz<br>1% Milk 6oz                 |
| <b>8</b><br><br>Mini Bagels ½ Serving.<br>Fresh Bananas 4 oz.<br>1% Milk 6oz                  | <b>9</b><br><br>English Muffin ½ Serving.<br>Diced Peaches 4 oz.<br>1% Milk 6oz. | <b>10</b><br><br>Pancakes ½ Serving<br>Fresh Oranges 4 oz.<br>1% Milk 6oz        | <b>11</b><br><br>Berries & Orange Bread ½<br>Serving.<br>Mix Fruit 4 oz.<br>1% Milk 6oz. | <b>12</b><br><br>Biscuit w/Turkey Sausage ½<br>Serving<br>Apple Sauce 4oz<br>1% Milk 6oz |
| <b>15</b><br><br>Blueberry Muffin ½ serving<br>Diced Pears 4 oz.<br>1% Milk 6oz.              | <b>16</b><br><br>Waffles ½ Serving.<br>Fresh Oranges 4oz.<br>1% Milk 6oz.        | <b>17</b><br><br>Bran Bread 1/2 Serving.<br>Tropical Fruit 4 oz.<br>1% Milk 6oz. | <b>18</b><br><br>Corn Bread ½ Serving<br>Pineapple Tidbits 4oz<br>1% Milk 6oz            | <b>19</b><br><br>Raisin Bread ½ Serving.<br>Mandarin Oranges 4oz.<br>1% Milk 6oz.        |
| <b>22</b><br><br>Biscuit w/ Turkey Sausage<br>½ Serving.<br>Fresh Banana 4oz.<br>1% Milk 6oz. | <b>23</b><br><br>English Muffin ¾ C<br>Tropical Fruit 4 oz.<br>1% Milk 6 oz.     | <b>24</b><br><br>Zucchini Bread ½ Serving.<br>Diced Mango 4 oz.<br>1% Milk 6 oz. | <b>25</b><br><br>Mini Bagel ½ serving<br>Diced Peaches 4 oz.<br>1%Milk 6 oz.             | <b>26</b><br><br>Pancakes Serving<br>Fresh Bananas 4oz.<br>1% Milk 6oz                   |
| <b>29</b><br><br>Corn Bread ½ Serv<br>Tropical Fruit 4oz<br>1% Milk 6oz                       | <b>30</b><br><br>Granola w/Yogurt Cup 4oz<br>Sliced Peaches 4oz<br>1% Milk 6oz   |                                                                                  |                                                                                          |                                                                                          |

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
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## Lunch For (2-5) yrs.

### SEPTEMBERS 1-30, 2025

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 Dairy: Children 2-5 years of age are served % milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...  
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| MONDAY                                                                                                                                        | TUESDAY                                                                                                                                                | WEDNESDAY                                                                                                                                     | THURSDAY                                                                                                                                         | FRIDAY                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><br><b>NO SCHOOL</b>                                                                                                              | <b>2</b><br>Turkey and Cheese Wrap 1.5 oz<br>Spinach Tortilla ½ Serving<br>Cucumber and Tomato salad 2oz<br>Mandarin Oranges 2oz<br>1% Milk 6oz        | <b>3</b><br>Teriyaki Chicken 2oz<br>Steamed Rice 2oz<br>Oriental Blend Vegetables 2oz<br>Diced Peaches 2oz<br>1% Milk 6oz                     | <b>4</b><br>Chicken Sandwich 2oz<br>Wheat Burger Bun ½ Serving<br>Fresh Lettuce and Tomato 2oz<br>Apple Slices 2oz<br>1% Milk 6oz                | <b>5</b><br>Ground Beef Spaghetti 1.5oz<br>Whole Wheat Pasta ½ Serving<br>Green Beans 2oz<br>Fresh Berries 2oz<br>1% Milk 6oz                    |
| <b>8</b><br>Turkey and Cheese Sandwich 1.5 oz<br>Wheat Bread ½ Serving.<br>Potato Salad 2oz.<br>Fresh Cantaloupe 2oz.<br>1% Milk 6oz          | <b>9</b><br>Cheeseburger 1.5 oz<br>Wheat Burger Bun ½ Serving.<br>Fresh Lettuce & tomato 2oz.<br>Pineapple Chunks 2oz<br>1% Milk 6oz.                  | <b>10</b><br>Chicken/Tuna Salad 1.5 oz.<br>Whole Wheat Crackers ½ serv<br>Mixed Vegetables 2oz.<br>Fresh Apple Slices 2oz.<br>1% Milk 6oz.    | <b>11</b><br>Mac and Cheese Pasta 4 oz.<br>Whole Wheat Pasta ½ Serving.<br>Green Beans Vegetables 2oz.<br>Tropical Fruit 2oz.<br>1% Milk 6oz.    | <b>12</b><br>Turkey Pepperoni Bagel Pizza ½ Serving<br>Fresh Salad with Dressing 2oz<br>Fresh Watermelon 2oz.<br>1% Milk 6oz.                    |
| <b>15</b><br>Chicken Salad 1.5oz<br>Wheat Crackers ½ Serving.<br>Mixed Vegetables 2oz.<br>Fresh Mango 2oz.<br>1% Milk 6oz.                    | <b>16</b><br>BBQ Chicken 1.5 oz.<br>Wheat Dinner Rolls ½ Serving.<br>Mashed Potato 2oz.<br>Fresh Berries 2oz.<br>1% Milk 6oz.                          | <b>17</b><br>Breaded Baked Fish Sandwich 1.5oz.<br>Wheat Burger Bun ½ Serving<br>Coleslaw Salad 2oz.<br>Fresh Cantaloupe 2oz.<br>1% Milk 6oz. | <b>18</b><br>Turkey & Cheese Wrap 1.5oz<br>Tomato Basil Tortilla ½ Serving.<br>Cucumber and Tomato Salad 2oz<br>Diced Peache 2oz.<br>1% Milk 6oz | <b>19</b><br>Pulled Chicken BBQ Sandwich 1.5oz.<br>Wheat Burger Bun ½ Serving.<br>Ca-Blend Vegetables 2oz.<br>Fresh Oranges 2oz.<br>1% Milk 6oz. |
| <b>22</b><br>Ground Beef Spaghetti 1.5oz<br>Whole Wheat Pasta ½ Serving<br>Fresh Salad w/dressing 2oz.<br>Fresh Honeydew 2oz.<br>1% Milk 6oz. | <b>23</b><br>Chicken Strips 1.5 oz.<br>Whole wheat Bread ½ Serving.<br>Fresh Celery & Carrots 2oz.<br>Fresh Mix Fruit 2oz.<br>1% Milk 6oz.             | <b>24</b><br>Meatloaf & Gravy 1.5oz.<br>Wheat Dinner Roll ½ Serving.<br>Mashed Potato 2oz.<br>Fresh Oranges 2oz<br>1% Milk 6oz.               | <b>25</b><br>Turkey & Cheese Sandwich 1.5oz<br>Wheat Bread ½ Serving.<br>Fresh Lettuce & Tomato 2oz<br>Diced Pear 2oz.<br>1% Milk 6oz.           | <b>26</b><br>Cheese Quesadilla 1.5oz.<br>Flour Tortilla ½ Serving.<br>Refried Beans 2oz.<br>Fresh Apple Slices 2oz.<br>1% Milk 6oz.              |
| <b>29</b><br>Chicken Alfredo Pasta 1.5oz<br>Whole Wheat Pasta ½ Serving.<br>Steamed Broccoli 2oz.<br>Pineapple Tidbits 2oz<br>1% milk 6oz     | <b>30</b><br>Ground Beef & Cheese Taco 1.5oz<br>Wheat Flour Tortilla ½ Serving.<br>Fresh Lettuce and Tomato 2oz<br>Fresh Watermelon 2oz<br>1% Milk 6oz |                                                                                                                                               |                                                                                                                                                  |                                                                                                                                                  |

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## Snack For (2 -5) Yrs Old

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| MONDAY                                                                                           | TUESDAY                                                                    | WEDNESDAY                                                               | THURSDAY                                                    | FRIDAY                                                                                           |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>1</b>                                                                                         | <b>2</b>                                                                   | <b>3</b>                                                                | <b>4</b>                                                    | <b>5</b>                                                                                         |
| <b>NO SCHOOL</b>                                                                                 | Nutrigrain Bar ½ Serving<br>1% Milk 6oz                                    | Fruit Yogurt 4oz<br>Wheathins Crackers ½ Serving<br>Water               | String Cheese 1oz<br>Mix Fruit Cup 4oz<br>Water             | Pita Pocket ½ Serving<br>Soy Butter & Fruit Jelly<br>Spread 1oz<br>100% fruit Juice 4oz          |
| <b>8</b>                                                                                         | <b>9</b>                                                                   | <b>10</b>                                                               | <b>11</b>                                                   | <b>12</b>                                                                                        |
| Naan Bread ½ Serving.<br>Soft Spread Cheese 1oz<br>Apple Juice 4oz.                              | Celery & Carrot Sticks 4oz.<br>Ritz Cheese Crackers ½<br>Serving.<br>Water | Fruit Yogurt 4oz.<br>Animal Crackers ½ Serving.<br>Water                | Fig Newtons ½ Serving.<br>Mandarin Oranges Cup 4oz<br>Water | Triscuit Crackers ½ Serving.<br>String Cheese .5 oz<br>Water                                     |
| <b>15</b>                                                                                        | <b>16</b>                                                                  | <b>17</b>                                                               | <b>18</b>                                                   | <b>19</b>                                                                                        |
| Fresh Cucumber 4 oz.<br>Cottage Cheese Ranch 1 oz<br>Wheat Thins Crackers ½<br>Serving.<br>Water | Cheez it Crackers ½ Serving.<br>100% Fruit Juice 4oz.                      | Fruit Yogurt 4oz<br>Vanilla Wafers ½ Serving.<br>Water                  | Graham Crackers ½ Serving.<br>1% Milk 6oz                   | Mix Fuit Cup 4oz.<br>Goldfish Crackers ½ Serving.<br>Water                                       |
| <b>22</b>                                                                                        | <b>23</b>                                                                  | <b>24</b>                                                               | <b>25</b>                                                   | <b>26</b>                                                                                        |
| Corn Muffin ½ Serving.<br>1% Milk 6oz.                                                           | Pita pocket ½ Serving.<br>Avocado Spread 1oz<br>100% Fruit Juice 4oz       | Mixed Fresh Fruit 4 oz.<br>Wheat Thins Crackers ½<br>Serving.<br>Water. | Fig Newtons ½ Serving.<br>Babybel Cheese 1oz.<br>Water      | Celery and Carrot Sticks 4oz<br>Cottage Cheese Ranch 1oz<br>Triscuit Crackers ½ Serving<br>Water |
| <b>29</b>                                                                                        | <b>30</b>                                                                  |                                                                         |                                                             |                                                                                                  |
| Rice Cakes ½ Serving.<br>Soft Cheese 1oz<br>100% Fruit Juice 4oz<br>Water                        | Graham Crackers ½ Serving.<br>1% Milk 6oz                                  |                                                                         |                                                             |                                                                                                  |

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