



Renu Hope Foundation Breakfast For (3-5 years old) August 01-31, 2023

In accordance with Federal Law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, of Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-7206382 (TTY). USDA is an equal opportunity employer.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Bran Muffins ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	2 Rice Krispies Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	3 Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	4 Raising bread ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
7 Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz.	8 Mini bagels ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	9 Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	10 English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	11 French toast ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
14 Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.	15 Bran Muffins ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	16 Cheerios Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	17 Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6oz.	18 Banana Bread ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
21 Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz.	22 Mini bagels ½ serving. Fruit Cup 4oz. 1% Milk 6oz.	23 Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	24 Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	25 French toast ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
28 Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.	29 Bran Muffins ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	30 Cheerios Cereal ¾ c. Fruit Cup 4oz. 1% Milk 6 oz.	31 English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	

***Children are served enriched whole grain and whole wheat products.100% WHEAT AND GLUTEN FREE CRACKERS, BARS AND BREAD ARE SERVED.

***We serve whole milk for children 1-2 years of age, and 1% milk for children 3-5 years of age.

***Substitutions for dairy products include soy milk, soy yogurt and soy butter.

***Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.

****Water is available to children daily. *****WE ARE NUT FREE INSTITUTIONS*****



Renu Hope Foundation Lunch For (3-5 years old) August 01-31, 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chimichangas 1 ea. Fresh vegetables 2oz. Fresh fruit 2oz. 1% Milk 6 oz.	2 Pepperoni pizza 1ea. Fresh Salad 2oz. Canned fruit 2oz. 1% Milk 6oz.	3 Cheese and Turkey Wrap 1.5oz. Pita bread ½ Serving. Fresh veggies 2oz. Fruit Cup 2oz. 1% Milk 6oz..	4 Cheese Quesadilla 1.5 oz Flour tortilla ½ Serving. Refried Beans 2oz. Canned Fruit 2oz. 1% Milk 6oz
7 B.B.Q Chicken 1.5oz. Wheat Bread ½ serving. Mashed Potato 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	8 Beef patties 1.5 oz. Hamburger Bun ½ serving. Fresh Vegetables 2oz Fresh fruit 2oz. 1% Milk 6oz.	9 Chicken Nuggets 1.5oz. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	10 Cheese Pizza 1ea. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	11 Fish Sticks 1.5oz. Sweet potato fries 2oz. Fruit Cup 2oz. 1% Milk 6oz
14 Spaghetti & Meatball 1.5 oz. Spaghetti pasta ¼ c. Fresh salad 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	15 Bean and cheese taco 1.5 oz. Flour tortillas ½ serving. Steamed vegetables 2oz. Fresh fruit 2oz. 1% Milk 6oz	16 Chicken Patties 1.5oz. Hamburger Bun ½ Serving. Fresh Vegetables 2oz Canned Fruit 2oz. 1% Milk 6oz	17 Turkey & Cheese sandwich 1.5oz WGR. Bread ½ serving. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	18 Cheese Quesadilla 1.5 oz Flour tortilla ½ Serving. Refried Beans 2oz. Canned Fruit 2oz. 1% Milk 6oz
21 Chicken Alfredo 1.5 oz. Fetuccini pasta ¼ c. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz	22 Beef macarroni 1.5 oz WGR.Elbow pasta ¼ c. Steamed Vegetables 2 oz. Fresh Fruit 2oz. 1% Milk 6oz	23 Pepperoni pizza 1 ea. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz	24 Cheese and Turkey Wrap 1.5oz. Pita bread ½ Serving. Fresh veggies 2oz. Fruit Cup 2oz. 1% Milk 6oz	25 Beef chimichanga 1ea. Steamed vegetables 2oz. Fruit cup 2oz. 1% Milk 6oz.
28 Teriyaki Chicken 1.5oz. Brown Steamed Rice ½ serving. Steamed Oriental blend 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	29 Bean and cheese taco 1.5 oz. Flour tortillas ½ serving. Steamed vegetables 2oz. Fresh fruit 2oz. 1% Milk 6oz	30 Mac and cheese 1ea. Steamed Vegetables 2oz. Canned Fruit 2oz. 1% Milk 6oz	31 Ham & Cheese sandwich 1.5 oz. Wheat Bread ½ serving. fresh Vegetables 2oz Fresh Fruit 2oz. 1% Milk 6oz	

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Renu Hope Foundation Snack For (3-5) years old) August 01-31, 2023

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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Wheat crackers ½ Serving. Fruit Cup 4oz. Water	2 Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	3 Animal Crackers ½ Serving. Yogurt 2oz. Water	4 Strawberry Nutri Grain ½ Serving. 1% Milk 4oz.
7 Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	8 Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	9 Cheese stick ½ oz. Ritz Crackers ½ Serving. 100% Fruit Juice 4oz.	10 Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	11 Lorna Doone Crackers ½ serving, 1% Milk 4oz.
14 Fig Newton ½ serving. 1% Milk 4oz.	15 Wheat crackers ½ Serving. Fruit Cup 4oz. Water	16 Babybel Semisoft Cheese 1oz Naan Bread ½ serving. 100% Fruit Juice 4oz.	17 Graham crackers ½ Serving. Yogurt 2oz. Water	18 Apple Nutri grain bar ½ Serving. 1% Milk 4oz.
21 Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz	22 Chocolate pudding 2oz. Nilla wafers ½ serving. Water	23 Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz	24 Animal Crackers ½ Serving. Yogurt 2oz. Water.	25 Lorna Doone Crackers ½ serving, 1% Milk 4oz.
28 Fig Newton ½ serving. 1% Milk 4oz	29 Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	30 Cheese stick ½ oz. Ritz Crackers ½ Serving. 100% Fruit Juice 4oz.	31 Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	

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