



Renu Hope Foundation Breakfast For (3-5 years old) April 03-28, 2023

In accordance with Federal Law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, of Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-7206382 (TTY). USDA is an equal opportunity employer.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.	Blueberry Muffin ½ Serving. Fruit Cup 4oz. 1% Milk 6oz	Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	Raising bread ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
10	11	12	13	14
Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz	Mini bagels ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	Rice Krispies Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	Cheerios Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.
17	18	19	20	21
Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.	Bran Muffins ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6oz	Banana Bread ½ serving. Fruit Cup 4oz 1% Milk 6oz
24	25	26	27	28
Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz	Mini bagels ½ serving. Fruit Cup 4oz. 1% Milk 6oz.	Rice Krispies Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	Cheerios Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.

***Waiver in place for non-congregate meal services, mealtime flexibilities and meal pattern.

***Children are served enriched whole grain and whole wheat products. 100% WHEAT AND GLUTEN FREE CRACKERS, BARS AND BREAD ARE SERVED.

***We serve whole milk for children 1-2 years of age, and 1% milk for children 3-5 years of age.

***Substitutions for dairy products include soy milk, rice milk, soy yogurt and soy butter.

***Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.

Water is available to children daily. **WE ARE NUT FREE INSTITUTIONS*****



Renu Hope Foundation Lunch For (3-5 years old) April 03-28, 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
B.B.Q Chicken 1.5oz. Wheat Bread ½ serving. Mashed Potato 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	Chicken Patties 1.5oz. Hamburger Bun ½ Serving. Fresh Vegetables 2oz Canned Fruit 2oz. 1% Milk 6oz.	Beef Taco 1.5oz. Flour Tortilla ½ Serving. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz	Chicken salad 1.5 oz. Wheat Crackers ½ serving. Steamed Vegetables 2oz Canned Fruit 2oz. 1% Milk 6oz.	Fish Sticks 1.5oz. Sweet potato fries 2oz. Fruit Cup 2oz. 1% Milk 6oz.
10	11	12	13	14
Pepperoni & Cheese Pizza 1ea. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	Chicken Nuggets 1.5 oz. Steamed vegetables 2oz. Fruit cup 2oz. 1% Milk 6oz.	Mac and Cheese 4oz. Steamed Vegetables 2oz. Fresh fruit 2oz. 1% Milk 6oz.	Tuna Salad 1.5 oz. Saltine Crackers ½ serving. Steamed Vegetables 2oz. Canned Fruit 2oz. 1% Milk 6oz.	Cheese and Turkey Wrap 1.5oz. Pita bread ½ Serving. Fresh veggies 2oz. Fruit Cup 2oz. 1% Milk 6oz.
17	18	19	20	21
Spaghetti & Meatball 1.5 oz. Spaghetti pasta ¼ c. Fresh salad 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	Beef patties 1.5 oz. Hamburger Bun ½ serving. Fresh Vegetables 2oz Fresh fruit 2oz. 1% Milk 6oz.	Chicken Alfredo 1.5 oz. Fettuccine pasta ¼ c. Fresh Vegetables 2oz. Fresh fruit 2oz. 1% Milk 6 oz.	Chicken salad 1.5 oz. Wheat Crackers ½ serving. Steamed Vegetables 2oz Canned Fruit 2oz. 1% Milk 6oz.	Fish Sticks 1.5oz. Sweet potato fries 2oz. Fruit Cup 2oz. 1% Milk 6oz.
24	25	26	27	28
Rice and Beef Goulash 1.5 oz Brown Rice ¼ c. Steamed Vegetables 2 oz. Fresh Fruit 2oz. 1% Milk 6oz.	Mac and cheese 1ea. Steamed Vegetables 2oz. Canned Fruit 2oz. 1% Milk 6oz	Chicken Nuggets 1.5oz. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	Tuna noodle casserole 1.5 oz Elbow pasta ¼ c. Steamed vegetables 2oz. Canned fruit 2oz. 1% Milk 6oz.	Turkey and Cheese Sandwich 1.5oz. Wheat Bread ½ Serving. Fresh Lettuce and tomato 2oz. Fruit Cup 2oz. 1% Milk 6oz.

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Renu Hope Foundation Snack For (3-5) years old April 3-28, 2023

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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	Graham Crackers ½ Serving. Yogurt 2oz. Water	Strawberry Nutri Grain ½ Serving. 1% Milk 4oz.
10	11	12	13	14
Fig Newton ½ serving. 1% Milk 4oz.	Wheat thins crackers ½ Serving. Fruit Cup 4oz. Water	Babybel Semisoft Cheese 1oz Saltine crackers ½ serving. 100% Fruit Juice 4oz.	Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	Lorna Doone Crackers ½ serving, 1% Milk 4oz.
17	18	19	20	21
Ritz Bits Crackers ½ Serving. 100 % Fruit Juice 4oz.	Chocolate pudding 2oz. Nilla wafers ½ serving. Water	Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	Graham crackers ½ Serving. Yogurt 2oz. Water	Apple Nutri grain bar ½ Serving. 1% Milk 4oz.
24	25	26	27	28
Fig Newton ½ serving. 1% Milk 4oz	Wheat crackers ½ Serving. Fruit Cup 4oz. Water	Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	Vanilla Crackers ½ serving. Yogurt 2 oz. Water	Lorna Doone Crackers ½ serving, 1% Milk 4oz.

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