



Renu Hope Foundation

Breakfast For (2 - 5) Yrs Old

July 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Whole Grain Cheerios $\frac{3}{4}$ C Fresh Cantaloupe 4 oz. 1% Milk 6 oz.	Egg Patty 1oz Pita Pocket 1 oz. Mixed Fruit 4 oz. 1% Milk 6 oz.	NO SCHOOL
6	7	8	9	10
Bran Bread 1oz Tropical Fruit 4 oz 1% Milk 6 oz	W.Wheat English Muffin 1 oz. Diced Pears 4 oz. 1% Milk 6 oz.	W. Wheat French Toast 1oz. Applesauce 4 oz. 1% Milk 6 oz.	Egg Bites 1oz Whole Wheat Toast 1 oz. Mixed Fruit 4 oz. 1% Milk 6 oz.	Zucchini Bread 1oz. Fresh Bananas 4 oz. 1% Milk 6 oz.
13	14	15	16	17
Applesauce Bread 1oz. Diced Pears 4 oz. 1% Milk 6 oz.	Whole Grain Waffles 1 oz Mandarin Oranges 4 oz. 1% Milk 6 oz.	Carrot Bread 1 oz. Tropical Fruit 4 oz. 1% Milk 6 oz.	Hard Boiled Eggs 1oz. Whole Wheat Toast 1 oz. Diced Peaches 4 oz. 1% Milk 6 oz.	Whole Grain Cheerios $\frac{3}{4}$ C Fresh Bananas 4 oz. 1% Milk 6 oz.
20	21	22	23	24
Yogurt & Granola 2oz Whole Grain Granola 1 oz Fresh Bananas 4 oz. 1% Milk 6 oz.	W.Wheat English Muffin 1oz. Tropical Fruit 4 oz. 1% Milk 6 oz.	Pumpkin Bread 1oz. Fresh Pineapple 4 oz. 1% Milk 6 oz.	Turkey Sausage 1 oz. Biscuit 1 oz. Diced Pears 4 oz. 1% Milk 6 oz.	W. Wheat French Toast 1 oz Applesauce 4 oz. 1% Milk 6 oz.
27	28	29	30	31
Zucchini Bread 1 oz. Fresh Oranges 4 oz. 1% Milk 6 oz.	Bran Bread 1 oz. Fresh Bananas 4 oz. 1% Milk 6 oz.	Whole Grain Waffles 1 oz. Mandarin Oranges 4 oz. 1% Milk 6 oz.	Egg Patty 1oz Pita Pocket 1 oz. Mixed Fruit 4 oz. 1% Milk 6 oz.	Yogurt & Granola 4 oz. Whole Grain Granola 1oz. Diced Peaches 4 oz. 1% Milk 6 oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation

Lunch For (2-5) yrs.

July 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1 % milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 W.W Chicken Nuggets 1.5oz Wheat Bread 1oz. Broccoli Salad 2 oz. Diced Pears 2 oz. 1% Milk 6 oz.	2 Cheese Quesadilla 1.5oz. Wheat Tortilla 1 oz. Black Beans 2 oz. Cal Blend Vegetables 2 oz. Fresh Apple Slices 2oz. 1% Milk 6 oz.	3 NO SCHOOL
6 Ground Beef & Cheese Taco 1.5 oz. Wheat Tortilla 1 oz. Fresh Pico De Gallo 2 oz. Fresh Mango 2 oz. 1% Milk 6 oz.	7 Vegetarian Cheeseburger 1.5 oz Wheat Burger Bun 1oz. Fresh Lettuce & tomato 2 oz. Pineapple Tidbits 2 oz. 1% Milk 6 oz.	8 Turkey & Cheese Sandwich 1.5 oz. Wheat Bread 1 oz. Cal Blend Vegetables 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz.	9 Mac and Cheese Pasta 4 oz. Whole Wheat Pasta 1 oz Steamed Broccoli 2 oz. Tropical Fruit 2 oz. 1% Milk 6 oz.	10 Tuna/Chicken Sandwich 1.5 oz. Whole Wheat Bread 1oz Mixed Vegetables 2oz. Applesauce 2 oz. 1% Milk 6 oz.
13 Teriyaki Chicken 1.5 oz. Brown Rice 1 oz. Oriental Blend Vegetables 2 oz. Fresh Honeydew Melon 2 oz. 1% Milk 6 oz.	14 Chicken Salad 1.5 oz. Wheat Crackers 1 oz. Mixed Vegetables 2 oz. Fruit Cocktail 2 oz. 1% Milk 6oz.	15 Turkey & Cheese Wrap 1.5 oz. Spinach Tortilla 1 oz. Fresh Lettuce & Cucumber 2 oz. Diced Peaches 2 oz. 1% Milk 6 oz.	16 Brown Rice and Black Beans Bowl 3 oz. Fresh Pico de Gallo 2 oz. Shredded Cheese 1.5 oz. Mandarin Oranges 2 oz. 1% Milk 6 oz.	17 Fish Taco 1.5 oz. Wheat Tortilla 1 oz Coleslaw Salad 2 oz. Fresh Mix Fruit 2 oz. 1% Milk 6 oz.
20 Ground Beef & Cheese Taco 1.5 oz. Wheat Tortilla 1 oz. Fresh Pico De Gallo 2 oz. Fresh Watermelon 2 oz. 1% Milk 6 oz.	21 Turkey & Cheese Sandwich 1.5oz Wheat Bread 1oz. Fresh Lettuce & Tomato 2 oz. Diced Pears 2 oz. 1% Milk 6 oz.	22 Ground Beef Meatloaf 1.5oz. Wheat Dinner Roll 1 oz Mixed Vegetables 2 oz. Fresh Oranges 2 oz 1% Milk 6 oz.	23 Vegetarian Cheeseburger 1.5 oz. Wheat Burger Bun 1oz. Fresh Lettuce & Tomato 2 oz. Fresh Mango 2 oz. 1% Milk 6 oz.	24 Fish Sticks 1.5 oz. Steamed Carrots 2 oz. Quinoa 1 oz. Fresh Bananas 2 oz. 1% Milk 6 oz.
27 Chicken Lo Mein 1.5oz. Lo Mein Noodles 2 oz. Oriental Blend vegetables 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz.	28 Whole Wheat Pasta with Tomato Marinara Sauce 1.5 oz. Turkey Meatballs 1.5 oz. Steamed Zucchini 2 oz. Diced Peaches 2 oz. 1% Milk 6 oz.	29 Turkey and Cheese Sandwich 1.5 oz. Whole Wheat Bread 1 oz. Cal Blend Vegetables 2 oz. Fresh Honeydew Melon 2 oz. 1% Milk 6 oz.	30 Cheese Quesadilla 1.5oz. Wheat Tortilla 1 oz. Black Beans 2 oz. Fresh Pico de Gallo 2 oz. Fresh Apple Slices 2oz. 1% Milk 6 oz.	31 Tuna/Chicken Sandwich 1.5 oz. Whole Wheat Bread 1oz Mixed Vegetables 2oz. Mandarin Oranges 2 oz. 1% Milk 6 oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation

Snack For (2 -5) Yrs Old

July 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Non-fat (skim) milk, Non-Fat Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter. Non-Dairy and Plant based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Whole Grain Cheez-its Crackers 1 oz. String Cheese 1 oz. Water	Mixed Fresh Fruit 4 oz. Wheat Bread & Cheese Sandwich 1 oz. Water	NO SCHOOL
6	7	8	9	10
Fig Newtons 1 oz. 1% Milk 6 oz.	Wheat Thins 1 oz. Steamed Celery and Carrot Sticks 4 oz. Water	Pita Pocket 1 oz. Apple Slices 4 oz. Water	Naan Bread 1 oz. Mandarin Oranges 4 oz. Water	Whole Grain Pretzel Goldfish 1 oz. String Cheese 1 oz. Water
13	14	15	16	17
Pita Pocket 1 oz. Apple Slices 4 oz. Water	Broccoli Salad 4 oz. Wheat Roll 1 oz. Water	Fruit Yogurt 4 oz. Whole Grain Granola 1 oz. Water	Graham Crackers 1 oz. 1% Milk 6 oz.	Fig Newtons 1 oz. 1% Milk 6 oz.
20	21	22	23	24
Blueberry Muffin 1 oz. 1% Milk 6 oz.	Naan Bread 1 oz. 100% Fruit Juice 4 oz.	Mixed Fresh Fruit 4 oz. Wheat Bread & Cheese Sandwich 1 oz. Water	Wheat Thins 1 oz. Steamed Celery and Carrot Sticks 4 oz. Water	Triscuits 1 oz. String Cheese 1 oz. Water
27	28	29	30	31
Fresh Cucumber Sticks 4 oz. Cottage Cheese Ranch 1 oz. Goldfish Crackers 1 oz. Water	Fruit Yogurt 4 oz. Whole Grain Granola 1 oz. Water	Nutri Grain Bar 1 oz. 1% Milk 6 oz	Naan Bread 1 oz. 100% Fruit Juice 4 oz.	Broccoli Salad 4 oz. Wheat Roll 1 oz. Water

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.