

## Renu Hope Foundation Breakfast For (1-2 years old) April 03-28, 2023

In accordance with Federal Law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, of Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-7206382 (TTY). USDA is an equal opportunity employer. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Corn Flakes Cereal <sup>3</sup> / <sub>4</sub> C.	Blueberry Muffin ½ Serving.	Cold Cereal <sup>3</sup> / <sub>4</sub> C.	Waffles ½ Serving.	Raising bread ½ serving.
Bananas 2oz.	Fruit Cup 2oz.	Fruit Cup 2oz.	Applesauce Cup 2oz.	Fruit Cup 2oz.
Milk 4oz.	Milk 4oz	Milk 4oz.	Milk 4oz.	Milk 4oz.
10	11	12	13	14
Rice Chex cereal 1 C.	Mini bagels ½ Serving.	Rice Krispies Cereal <sup>3</sup> / <sub>4</sub> C.	English muffins ½ serving.	Cheerios Cereal <sup>3</sup> ⁄ <sub>4</sub> C.
Bananas 2oz. Milk 4oz	Fruit Cup 2oz. Milk 4oz.	Fruit Cup 2oz. Milk 4oz.	Applesauce Cup 2oz. Milk 4oz.	Fruit Cup 2oz. Milk 4oz.
MIIK 40Z	MIIK 402.	MIIK 40Z.	MIIK 402.	MIIK 402.
17	18	19	20	21
Corn Flakes Cereal <sup>3</sup> / <sub>4</sub> C.	Bran Muffins ½ Serving.	Cold Cereal <sup>3</sup> / <sub>4</sub> C.	Pancakes ½ Serving.	Banana Bread ½ serving.
Bananas 2oz.	Fruit Cup 2oz.	Fruit Cup 2oz.	Applesauce 2oz.	Fruit Cup 2oz
Milk 4oz.	Milk 4oz.	Milk 4oz.	Milk 4oz	Milk 4oz
24	25	26	27	28
Rice Chex cereal 1 C.	Mini bagels ½ serving.	Rice Krispies Cereal <sup>3</sup> / <sub>4</sub> C.	English muffins ½ serving.	Cheerios Cereal <sup>3</sup> / <sub>4</sub> C.
Bananas 2oz	Fruit Cup 2oz.	Fruit Cup 2oz.	Applesauce Cup 2oz.	Fruit Cup 2oz.
Milk 4oz	Milk 4oz.	Milk 4oz.	Milk 4oz.	Milk 4oz.

\*\*\*Waiver in place for non-congregate meal services, mealtime flexibilities and meal pattern.

\*\*\*Children are served enriched whole grain and whole wheat products. 100% WHEAT AND GLUTEN FREE CRACKERS, BARS AND BREAD ARE SERVED.

\*\*\*We serve whole milk for children 1-2 years of age, and 1% milk for children 3-5 years of age.

\*\*\*Substitutions for dairy products include soy milk, rice milk, soy yogurt and soy butter.

\*\*\*Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.



## Renu Hope Foundation Lunch For (1-2 years old) April 03-28, 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> B.B.Q Chicken 1oz. Wheat Bread ½ serving. Mashed Potato 1oz. Fresh Fruit 1oz. Milk 4oz.	4 Chicken Patties 1oz. Hamburger Bun ½ Serving. Fresh Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	5 Beef Taco1oz. Flour Tortilla ½ Servíng. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	6 Chicken salad 1 oz. Wheat Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	7 Fish Sticks 1oz Sweet potato fries 2oz Fruit Cup 1oz. Milk 4oz.
10 Pepperoni & Cheese Pizza 1ea. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	11 Chicken Nuggets 1 oz. Steamed vegetables 1oz. Fruit cup 1oz. Milk 4oz.	12 Mac and Cheese 4oz. Steamed Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	13   Tuna Salad 1 oz.   Saltine Crackers ½ serving.   Steamed Vegetables 1oz.   Canned Fruit 1oz.   Milk 4oz.	14 Cheese and Turkey Wrap 1oz. Pita bread ½ Serving. Fresh veggies 1oz. Fruit Cup 1oz. Milk 4oz.
17 Spaghetti & Meatball loz. Spaghetti pasta ¼ c. Fresh salad loz. Fresh Fruit loz. Milk 4oz.	18 Beef patties 1oz. Hamburger Bun ½ serving. Fresh Vegetables 1oz Fresh fruit 1oz. Milk 4oz.	19 Chicken Alfredo 1.oz. Fetuccini pasta ¼ c. Fresh Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	20 Chicken salad 1oz. Wheat Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit1oz. Milk 4oz.	21 Fish Sticks 1oz Sweet potato fries 2oz Fruit Cup 1oz. Milk 4oz.
24 Rice and Beef Goulash 1 oz Brown Rice ¼ c. Steamed Vegetables1 oz. Fresh Fruit 1oz. Milk 4oz.	25 Mac and cheese 1ea. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz	26 Chicken Nuggets 1oz. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	27 Tuna noddle casserole 1 oz Elbow pasta ¼ c. Steamed vegetables 1oz. Canned fruit 1oz. Milk 4oz.	28 Turkey and Cheese Sandwich 1oz. Wheat Bread ½ Serving. Fresh Lettuce and tomato 1oz. Fruit Cup 1oz. Milk 4oz.

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\*\*\*\*Water is available to children daily. \*\*\*\*\*\*\*\*\* WE ARE A NUT FREE INSTITUTIONS\*\*\*\*\*\*\*\*\*\*\*



## Renu Hope Foundation Snack For (1-2 years old) April 3-28, 2023

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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	Graham Crackers ½ Serving. Yogurt 2oz. Water	Strawberry Nutri Grain ½ Serving. Milk 4oz.
10	11	12	13	14
Fig Newton ½ serving. Milk 4oz.	Wheat thins crackers ½ Serving. Fruit Cup 4oz. Water	Babybel Semisoft Cheese 1oz Saltine crackers ½ serving. 100% Fruit Juice 4oz.	Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	Lorna Doone Crackers ½ serving, Milk 4oz.
17	18	19	20	21
Ritz Bits Crackers ½ Serving. 100 % Fruit Juice 4oz.	Chocolate pudding 2oz. Nilla wafers ½ serving. Water	Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	Graham crackers ½ Serving. Yogurt 2oz. Water	Apple Nutri grain bar ½ Serving. Milk 4oz.
24	25	26	27	28
Fig Newton ½ serving. Milk 4oz	Wheat crackers ½ Serving. Fruit Cup 4oz. Water	Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	Vanilla Crackers ½ serving. Yogurt 2 oz. Water	Lorna Doone Crackers ½ serving, Milk 4oz.

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