Renu Hope Foundation
Breakfast For (6-12) yrs
November 1-30, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter.Non-Dairy and Plant Based Cheese.
NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
Water is available to children throughout the day. We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Whole Grain French Toast Sticks 1 oz. Applesauce 4 oz. 1% Milk 8 oz.	**3** Applesauce Bread 1 oz. Fresh Bananas 4 oz. 1% Milk 8 oz.	**4** Whole Wheat Toast with Jelly 1 oz. Diced Pears 4 oz. 1% Milk 8 oz.	**5** Zucchini Bread 1 oz. Mixed Fruit 4 oz. 1% Milk 8 oz.	**6** Yogurt & Granola 4 oz. Whole Grain Granola 1 oz. Diced Peaches 4 oz. 1% Milk 8 oz.
9 W. Wheat English Muffin 1 oz. Pineapple Tidbits 4 oz. 1% Milk 8 oz.	**10** Whole Grain Waffles 1 oz. Diced Pears 4 oz. 1% Milk 8 oz.	**11** Bran Bread 1 oz. Diced Peaches 4 oz. 1% Milk 8 oz.	**12** Whole Wheat Toast with Jelly1 oz. Fresh Oranges 4 oz. 1% Milk 8 oz.	**13** Whole Grain Cheerios ¾ C Fresh Bananas 4 oz. 1% Milk 8 oz.
16 Yogurt & Granola 4 oz. Whole Grain Granola 1 oz. Diced Pears 4 oz. 1% Milk 8 oz.	**17** Carrot Bread 1 oz. Fresh Oranges 4 oz. 1% Milk 8 oz.	**18** Whole Grain Waffles 1 oz Diced Peaches 4 oz. 1% Milk 8 oz.	**19** Biscuit 1 oz. Tropical Fruit 4 oz. 1% Milk 8 oz.	**20** Blueberry Muffin 1 oz. Mandarin Oranges 4 oz. 1% Milk 8 oz.
23 Whole Grain Cheerios 1 C Diced Peaches 4 oz. 1% Milk 8 oz.	**24** W. Wheat Pancakes 1 oz. Mandarin Oranges 4 oz. 1% Milk 8 oz.	**25** Zucchini Bread 1 oz. Applesauce 4 oz. 1% Milk 8 oz.	**26** **HOLIDAY**	**27** **HOLIDAY**
30 W. Wheat English Muffin 1 oz. Tropical Fruit 4 oz. 1% Milk 8 oz.				

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: https://www.usda.gov/sites/default/documents/ad-3027, pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C 20250-9410; or

2. Fax: (833) 256-1665 or 202-690-7442; or

3. Email: program.intake@usda.gov

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Renu Hope Foundation
Lunch For (6-12) yrs.
November 1-30, 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bean and Cheese Burrito 2 oz. Whole Wheat Tortilla 1 oz. Steamed Broccoli 4 oz. Pineapple Tidbits 2 oz. 1% Milk 8 oz.	**3** Turkey & Cheese Wrap 2 oz. Spinach Tortilla 1 oz. Fresh Lettuce & Cucumber 4 oz. Fresh Cantaloupe 2 oz. 1% Milk 8 oz.	**4** Cheese Quesadilla 2 oz. Wheat Tortilla 1 oz. Black Beans 4 oz. Cal Blend Vegetables 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	**5** Chicken Salad Sandwich 2 oz. Whole Wheat Bread 1 oz. Cal Blend Vegetables 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	**6** Fish Tacos 2 oz. Whole Wheat Tortilla 1 oz. Broccoli Salad 4 oz. Diced Pears 2 oz. 1% Milk 8 oz.
9 Teriyaki Chicken 2 oz. Brown Rice 1 oz. Oriental Blend Vegetables 4 oz. Fruit Cocktail 2 oz. 1% Milk 8 oz.	**10** Turkey & Cheese Sandwich 2 oz Whole Wheat Bread 1 oz. Steamed Cauliflower 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	**11** W.W. Chicken Nuggets 2 oz. Wheat Dinner Roll 1 oz. Broccoli Salad 4 oz. Diced Pears 2 oz. 1% Milk 8 oz.	**12** Whole Wheat Pasta with Tomato Marinara Sauce 2 oz. Turkey Meatballs 2 oz. Green Beans 4 oz. Fresh Cantaloupe 2 oz. 1% Milk 8 oz.	**13** Ground Beef & Cheese Taco 2 oz. Whole Wheat Tortilla 1 oz. Fresh Pico De Gallo 4 oz. Fresh Oranges 2 oz. 1% Milk 8 oz.
16 Chicken Salad 2 oz. Wheat Crackers 1 oz. Cal Blend Vegetables 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	**17** Chicken/Tuna Sandwich 2 oz. Whole Wheat Bread 1 oz Fresh Cucumber Slices 4 oz. Fresh Bananas 2 oz. 1% Milk 8 oz.	**18** Fish Sticks 2 oz. Mixed Vegetables 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	**19** Turkey & Cheese Sandwich 2 oz. Wheat Bread 1 oz. Fresh Lettuce & Tomato 4 oz. Fresh Honeydew Melon 2 oz. 1% Milk 8 oz.	**20** Whole Wheat Pasta with Tomato Marinara Sauce 2 oz. Turkey Meatballs 2 oz. Steamed Carrots 4 oz. Fruit Cocktail 2 oz. 1% Milk 8 oz.
23 Chicken Lo Mein 2 oz. Lo Mein Noodles 1 oz. Oriental Blend Vegetables 4 oz. Mandarin Oranges 2 oz. 1% Milk 8 oz.	**24** Chicken Salad 2 oz. Wheat Crackers 1 oz Mixed Vegetables 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	**25** Cheese Quesadilla 2 oz. Wheat Tortilla 1 oz. Black Beans 4 oz. Fresh Pico de Gallo 4 oz. Fruit Cocktail 2 oz. 1% Milk 8 oz.	**26** **HOLIDAY**	**27** **HOLIDAY**
30 Ground Beef & Cheese Taco 2 oz. Whole Wheat Tortilla 1 oz. Fresh Pico De Gallo 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.				

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Renu Hope Foundation
Snack For (6-12) yrs
November 1-30, 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ritz Crackers 1 oz. Sliced Tomatoes 6 oz. Water	**3** Cottage Cheese 1 oz. Diced Peaches 6 oz. Water	**4** Graham Crackers 1 oz. 1% Milk 6 oz.	**5** Fresh Cucumber Sticks 6 oz. Cottage Cheese Ranch 1 oz. Goldfish Crackers 1 oz. Water	**6** Whole Grain Cheez-Its Crackers 1oz. String Cheese 1 oz. Water
9 Whole Grain Pretzel Goldfish 1 oz. Celery and Carrot Sticks 6 oz. Water	**10** Fruit Yogurt 6 oz. Vanilla Wafers 1 oz. Water	**11** Zesta Unsalted Crackers 1 oz. String Cheese 1 oz. Water	**12** Ritz Crackers 1 oz. Sliced Tomatoes 6 oz. Water	**13** Nutri Grain Bar 1 oz. 1% Milk 8 oz.
16 Zesta Unsalted Crackers 1 oz. String Cheese 1 oz. Water	**17** Fig Newtons 1 oz. 1% Milk 8 oz.	**18** Naan Bread 1 oz. Cutie Orange 6 oz. Water	**19** Graham Crackers 1 oz. 1% Milk 6 oz.	**20** Whole Grain Pretzel Goldfish 1 oz. Mixed Fruit 6 oz. Water
23 Fruit Yogurt 6 oz. Vanilla Wafers 1 oz. Water	**24** Naan Bread 1 oz. Apple Slices 6 oz. Water	**25** Whole Grain Pretzel Goldfish 1 oz. String Cheese 1 oz. Water	**26** **HOLIDAY**	**27** **HOLIDAY**
30 Fresh Cucumber Sticks 6 oz. Cottage Cheese Ranch 1 oz. Zesta Unsalted Crackers 1 oz. Water				

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