



Renu Hope Foundation
Breakfast For (2-5 years old)
August 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Waffles ½ Serving. Applesauce 4oz. 1% Milk 6 oz.	English muffins ½ serving. Diced Pears 4oz. 1% Milk 6 oz.
5	6	7	8	9
Rice Chex Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6 oz	Mini bagels ½ Serving. Mandarin Orange 4oz. 1% Milk 6 oz.	Cheerios Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6 oz.	French toast ½ Serving. Applesauce 4oz. 1% Milk 6 oz.	Banana Bread ½ Serving. Diced Peach 4oz. 1% Milk 6 oz
12	13	14	15	16
Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6 oz.	Blueberry Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6 oz.	Corn Flakes Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6 oz.	Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6 oz.	Raisins bread ½ Serving. Diced Pears 4oz. 1% Milk 6 oz.
19	20	21	22	23
Rice Chex cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6 oz.	Mini bagels ½ Serving. Mandarin Orange 4oz. 1% Milk 6 oz.	Cheerios Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6 oz.	Waffles ½ Serving. Applesauce 4oz. 1% Milk 6 oz.	English muffins ½ serving. Diced Pears 4oz. 1% Milk 6 oz.
26	27	28	29	30
Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6 oz.	Variety Muffins ½ Serving. Diced Pears 4oz. 1% Milk 6 oz.	Corn Flakes Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6 oz.	French toast ½ Serving. Applesauce 4oz. 1% Milk 6 oz.	Banana Bread ½ Serving. Diced Peach 4oz. 1% Milk 6 oz

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation
Lunch For (2-5 years old)
August 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day.
We are a Nut free institution.

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cheese Ravioli 1.5 oz. Pasta Ravioli ¼ C. Steamed Capri-blend 2 oz. Fresh Honeydew 2 oz. 1% Milk 6 oz	2 Fish or Chicken Strips 1.5 oz. Breading ½ oz. Cole slaw 2 oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.
5 Terriyaki Chicken 1.5 oz. Steamed Bown Rice ¼ C. Asian blend Vegetables 2oz. Watermelon 2 oz. 1% Milk 6 oz.	6 Taco Salad 1.5oz. Fiesta chips ½ oz. Fresh Lettuce & tomato 2 oz. Fresh Apples slices 2 oz. 1% Milk 6oz.	7 Pizza 1ea. String cheese ½ oz. Fresh carrots w/Ranch 2 oz Fresh Mix Berries 2 oz. 1% Milk 6oz.	8 Turkey-Cheese Wrap 1.5 oz. Spinach wrap ½ oz. Cucumber-Tomato salad 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6oz.	9 Cheese Mac 4oz. Elbow pasta ¼ C. Steamed Mix vegetables 2 oz. Fresh Diced Mango 2oz. 1% Milk 6oz.
12 B.B.Q Chicken 1.5oz. Wheat Bread ½ oz. Mashed Potato 2 oz. Diced Mango 2 oz. 1% Milk 6oz	13 Turkey-Spanish Rice bowl 1.5 oz. Brown Rice ¼ C. Celery-Corn 2oz. Fresh Orange Slices 2 oz. 1% Milk 6oz	14 Beef Lasaña 6 oz. Lasaña Pasta ¼ c. Tosed Salad w/dressing 2oz. Mixed Berries 2 oz. 1% Milk 6 oz.	15 Greek Gyro Pita Pocket 1.5oz. Wgr. Pita Pocket ½ oz. Fresh Mix Vegetables/D 2 oz. Fresh Honeydew 2 oz 1% Milk 6 oz.	16 Chicken Alfredo 1. Cup. Wgr. Fettuccine Pasta ¼ C. Steamed Cal-blend 2 oz. Pineapple Tidbits 2 oz. 1% Milk 6 oz.
19 Chicken Stir Fry 1.5 oz. Steamed Rice ¼ C. Stir fry vegetables 2 oz. Watermelon 2 oz. 1% Milk 6oz.	20 Beefy mac 1.5oz. Wheat Pasta ¼ C. Steamed Green Beans 2oz. Fresh Apple slices 2 oz. 1% Milk 6 oz.	21 Chicken Pattie 1.5oz. Hamburger Buns ½ oz. Lettuce and Tomato 2oz. Fresh Mix Berries 2 oz. 1% Milk 6 oz.	22 Tuna or Chicken salad 1.5oz. Wgr. Bread sliced ½ oz. Steamed Green Beans 2 oz. Fresh Honeydew 2 oz. 1% Milk 6 oz.	23 Chicken-enchilada casserole 1.5oz Corn tortilla ½ oz. Fiesta Corn 2 oz. Fresh Diced Mango 2 oz. 1% Milk 6 oz.
26 Chicken chow Mein 1.5 oz. Pasta noodles ¼ C. Vegetable egg rolls 2 oz. Pineapple Tidbits 2 oz. 1% Milk 6 oz.	27 Beef patties & Cheese 1.5 oz. Hamburger Bun ½ oz. Sweet potato fries 2 oz. Fresh mixed fruit 2 oz. 1% Milk 6 oz.	28 Chicken Fajitas 1.5 oz. Flour tortillas ½ oz. Refried Beans 2 oz Mix Berries 2 oz. 1% Milk 6 oz.	29 Turkey- cheese Subway 1.5oz. Wgr. Subway rolls ½ oz. Lettuce-Tomato 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz	30 Spaghetti & Meatball 1.5 oz. Wgr. Spaghetti pasta ¼ C. Fresh salad w/dressing 2oz. Watermelon 2 oz. 1% Milk 6 oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation

Snack For (2-5 years old)

August 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Non-fat (skim) milk, Non-Fat Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day.

We are a Nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	Fig Newtons Bar ½ oz. 1% Milk 4oz.
5	6	7	8	9
Cottage cheese 2oz. Diced Peach 4oz. Water.	Babybel Semisoft Ch. ½ oz. Breadstick ½ oz. 100% Fruit Juice 4oz.	Fresh Fruit 4oz. Soft Bread Sticks ½ oz. Water.	Fruit Yogurt 2oz. Animal Crackers ½ oz.	Apple Nutri Grain Bar ½ oz. 1% Milk 4oz.
12	13	14	15	16
Cheez it Crackers ½ oz. 100 % Fruit Juice 4oz.	Soft spread cheese ½ oz. Naan Bread ½ oz. Tropical fruit 4oz.	Fresh Mix Veggies 4oz Saltine Crackers ½ oz. Cottage Ranch dressing ½ oz. Water.	Fresh Fruit Yogurt 2oz. Graham Crackers ½ oz.	Fig Newtons Bar ½ oz. 1% Milk 4oz.
19	20	21	22	23
Cottage cheese 2oz. Diced Peach 4oz. Water.	String Cheese ½ oz. Saltine Crackers ½ oz. 100% Fruit Juice 4oz.	Celery sticks 4oz Soy Butter ½ oz. Water.	Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	Strawberry Nutri G ½ oz. 1% Milk 4oz.
26	27	28	29	30
Goldfish Crackers ½ oz. 100 % Fruit Juice 4oz.	Babybel Semisoft Ch. ½ oz. Naan Bread ½ oz. Tropical Fruit 4oz.	Fresh Fruit 4oz. Soft Bread Sticks ½ oz. Water.	Fresh Fruit Yogurt 2oz. Animal Crackers ½ oz.	Nutri Grain Bar ½ oz. 1% Milk 4oz.

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.