



Renu Hope Foundation

Breakfast-Lunch-Snack (Infants 6-11months)

December 01-31, 2025.

Breakfast 6-11 Months; Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.
 Lunch 6-11 Months; Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp
 Snack 6-11 Months; Bread ½ serv. Crackers 2ea., Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.
 Formula /Breast Milk; 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows;
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast- Bananas Lunch- Carrots Snack- Pears Infant Cereal (Rice or Oatmeal)	2 Breakfast- Applesauce Lunch- Squash and Chicken Snack- Green Beans or Pears Infant Cereal (Rice or Oatmeal)	3 Breakfast- Peaches Lunch- Carrots Snack- Green Peas or Apples Infant Cereal (Rice or Oatmeal)	4 Breakfast- Bananas Lunch- Sweet potato-Turkey Snack-Squash or Applesauce Infant Cereal (Rice or Oatmeal)	5 Breakfast - Pears Lunch - Green Beans Snack - Peaches Infant Cereal (Rice or Oatmeal)
8 Breakfast- Bananas Lunch – Carrots Snack - Pears Infant Cereal (Rice or Oatmeal)	9 Breakfast - Applesauce Lunch -Squash and chicken Snack-Green beans - Pears Infant Cereal (Rice or Oatmeal)	10 Breakfast- peaches Lunch – carrots Snack - Green peas or apples Infant Cereal (Rice or Oatmeal)	11 Breakfast - Bananas Lunch- Sweet potato-Turkey Snack-Squash or Applesauce Infant Cereal (Rice or Oatmeal)	12 Breakfast - Pears Lunch - Green Beans Snack - Peaches Infant Cereal (Rice or Oatmeal)
15 Breakfast- Bananas Lunch – Carrots Snack - Pears Infant Cereal (Rice or Oatmeal)	16 Breakfast - Applesauce Lunch - Squash and chicken Snack - Green beans - Pears Infant Cereal (Rice or Oatmeal)	17 Breakfast- peaches Lunch – carrots Snack - Green peas or apples Infant Cereal (Rice or Oatmeal)	18 Breakfast - Bananas Lunch -Sweet potato-Turkey Snack-Squash or Applesauce Infant Cereal (Rice or Oatmeal)	19 Breakfast - Pears Lunch - Green Beans Snack - Peaches Infant Cereal (Rice or Oatmeal)
22 Breakfast- Bananas Lunch – Carrots Snack - Pears Infant Cereal (Rice or Oatmeal)	23 Breakfast - Applesauce Lunch - Squash and chicken Snack -Green beans or Pears. Infant Cereal (Rice or Oatmeal)	24 Breakfast - Bananas Lunch-Sweet potato- Turkey Snack-Squash or Applesauce Infant Cereal (Rice or Oatmeal)	25 HOLIDAY SCHOOL CLOSED	26 HOLIDAY SCHOOL CLOSED
39 Breakfast- Bananas Lunch – Carrots Snack - Pears Infant Cereal (Rice or Oatmeal)	30 Breakfast- peaches Lunch-Green Beans and Turkey Snack- Sweet Potatoes Infant Cereal (Rice or Oatmeal)	31 Breakfast - Applesauce Lunch - Squash and chicken Snack - Green beans - Pears Infant Cereal (Rice or Oatmeal)		

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.