



Renu Hope Foundation
Breakfast For (2-5) years old)
October 01-31, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and
 Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to
 serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Pancakes ½ serv. Sliced Pears 4oz. 1% Milk 6oz.	English Muffins ½ serv. Diced Peaches 4oz. 1% Milk 6oz.	Blueberry Bread ½ serv Mandarin Oranges 4oz 1% Milk 6oz.	Yogurt W/granola 4 oz. Fresh Bannas 4oz. 1% Milk 6oz.
7	8	9	10	11
Mini Bagels ½ Serving. Appla Sauce 4 oz. 1% Milk 6oz	Bran Muffins 1/2 Serving. Pineapple Tibbits 4oz. 1% Milk 6oz.	Rice Krispies ¾ Serving Tropical fruit 4oz. 1% Milk 6oz	French Toast 1/2 Serving. Applesauce 4oz. 1% Milk 6oz.	Banana muffin ½ Serving. Diced Peach 4oz. 1% Milk 6oz
14	15	16	17	18
Waffles ½ Serving Fresh Bananas 4oz. 1% Milk 6oz.	Apple Bread ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	Freach Toast 1/2 Serving. Tropical fruit 4 oz. 1% Milk 6oz.	Corn Flakes 1 C. Fresh Oranges 4 oz. 1% Milk 6oz.	Orange & Raspberry Muffin ¾ Serving. Fresh Bananas 4oz. 1% Milk 6oz.
21	22	23	24	25
Raisin Bread 1/2 Serving Sliced Peaches 4oz. 1% Milk 6oz.	Mini Bagels 1/2 Serving. Fresh Oranges 4oz. 1% Milk 6oz.	Yogurt w/ granola 4oz Diced Pears 4oz. 1% Milk 6oz.	Carrot Bread 1/2 serving. Applesauce 4oz. 1% Milk 6oz	Banana Bread ½ Serving. Diced Peach 4oz. 1% Milk 6oz
28	29	30	31	
Corn Muffin 1/2 Serving. Fresh Bananas 4oz. 1% Milk 6oz.	Pancakes ½ Serv Tropical Fruit 4oz 1% milk 6oz	Rice Chex cereal ¾ Serv Mandarin Oranges 1% milk 6oz	Pumpkin Bread ½ Serv Sliced Peaches 4oz 1% Milk 6oz	

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation

Lunch For (2-5 years old)

October 1-30, 2024.

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Black beans and rice bowl 1.5oz. Flour tortilla ½ Serving. Fresh Orange Slices 2oz 1% Milk 6 oz.	2 Turkey Noodle Casserole 1.5oz W. Wheat Spaghetti Pasta ¼c Broccoli Florets 2 oz. Fresh Apples 2 oz. 1% Milk 6 oz	3 Mac and Cheese 1.5 oz. Whole grain pasta 2 oz Cal Blend Vegetables 2 oz. Tropical Fruit 2 oz. 1% Milk 6oz.	4 Turkey and Cheese Sub 1.5 oz. Whole Grain Sub Roll ½ Serving. Lettuce and Tomatoes 2 oz. Watermelon 2 oz. 1% Milk 6oz.
7 Chicken Noodle Soup 1.5 oz. Whole Grain Pasta ½ Serving. Mixed Vegetables 2 oz. Fresh Mixed Berries 2 oz. 1% Milk 6 oz	8 Greek Gyro Pita Pocket Ground beef 1.5oz Whole Grain Pita Pocket 1/2serv Fresh Mixed Vegetables 2oz. Fresh Canteloupe 2 oz 1% Milk 6 oz.	9 Vegetable Chili 2 oz. Kidney Red Beans ¼ c Whole wheat bread ½ serv Tomatoes/Celery 2oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.	10 Fish or Chicken Strips 1.5 oz. Breading ½ Serving. Fresh Salad 2 oz. Fresh Orange Slices 2 oz 1% Milk 6oz.	11 Taco Salad 1C. Ground Beef ½ Serving. Fiesta Chips 2 oz. Pico de Gallo 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz.
14 Chicken Wrap 1.5 oz. Whole Grain Tortilla ¼ C. Cucumbers and Tomatoes 2oz. Fresh Diced Mango 2 oz. 1% Milk 6oz.	15 Chicken or Tuna Casserole 1.5 oz. Whole Grain Pasta ½ Serving. Green Beans 2oz. Fresh Berries 2 oz. 1% Milk 6oz.	16 Tomato Basil Soup ½ c W. wheat Bread w/Ch ½ slice Fresh Watermelon 2 oz. 1% Milk 6 oz.	17 Turkey and Cheese Sub 1.5oz. Whole Grain Sub rolls Lettuce-Tomato 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz	18 Spaghetti and Meatballs 1.5oz. Whole Grain Pasta ¼ C. Steamed Cal-blend 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6oz.
21 Teriyaki Chicken 1.5 oz. Brown Rice ½ serving. Asian Blend Vegetables 2 oz. Fresh Melon 2 oz. 1% Milk 6 oz.	22 Chili Mac 4oz. Whole Grain Pasta ¼ C. Peas and Carrots 2oz. Diced Peaches 2 oz. 1% Milk 6 oz.	23 Vegetarian Lasagna 4oz. Whole Wheat pasta ½ Serving. Mixed Vegetables 2oz. Fresh Apple Slices 2 oz. 1% Milk 6 oz.	24 Bean and Cheese Burrito 1.5 oz. Flour Tortilla ½ serving. Pinto Beans 2 oz. Fresh Berries 2 oz. 1% Milk 6 oz.	25 Albondigas Soup 1.5 oz. Whole Wheat Bread ¼ C. 4 way Mix Vegetables 2oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.
28 Cheese Quesadilla 1.5 oz. Flour Tortilla ¼ C. Refried Beans 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	29 Asian Chicken or Tuna Burger 1.5oz Whole Wheat Bread ½ slice Lettuce and Cucumbers 2 oz. Fresh Apple Slices 2 oz. 1% Milk 6 oz.	30 Chicken Enchilada Casserole Corn Tortilla 4 oz Fiesta Corn 2 oz. Fresh Watermelon 2 oz. 1% Milk 6 oz.	31 Turkey & Ch Wrap 1.5oz Tomato Basil Tortilla ½ serv Shredded Lettuce and Tomatoes 2 oz. Tropical Fruits 2 oz. 1% Milk 6 oz.	

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**Renu Hope Foundation
Snack For (2 -5) years old)
October 01-30, 2024.**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Babybel Semisoft Ch. 1oz. Breadstick ½ oz. 100% Fruit Juice 4oz	Rice Cakes ½ serving Fresh Fruit 4 oz. Water	Carrots/Celery 4oz. Ranch Dip ½ oz. Water	Corn Muffin ½ Serving. Milk 4oz.
7	8	9	10	11
Cottage cheese 2oz. Diced peach 4oz. Water.	Soft spread cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	Jicama Sticks 4oz Saltine Crackers ½ oz. Cottage Ranch dressing ½ oz.	Fruit Yogurt 2oz. Animal Crackers ½ oz. Water	Wheat Thins ½ Serving String Cheese ½ oz Water
14	15	16	17	18
Fresh Broccoli & Cauliflower Florets 4 oz. Sun Butter Dip ½ oz	Hummus ½ oz. Pita Pocket ½ Serving 100% Fruit Juice 4oz.	Fresh Apples 4oz Soy butter ½ oz. Water	Nutrigrain Bar ½ Serving. Milk 4 oz.	Fresh Cucumbers 4 oz Oatmeal Cake ½ Serving. Water
21	22	23	24	25
Blueberry Bread 2oz. Milk 4oz.	String Cheese ½ oz. Naan Bread ½ Serving. Tropical fruit 4oz.	Fresh Fruit 4oz. Soft Bread sticks ½ Serving Water.	Cottage Cheese 2oz. Fresh Pineapple 4 oz. Water	Goldfish Crackers ½ oz. 100% Fruit Juice 4oz.
28	29	30	31	
Graham Crackers ½ oz. Fruit Yogurt 4oz.	Fig Newtons ½ Serving Diced Peaches 4 oz. Water	Carrot & Celery Sticks 4 oz. Cucumber Dip ½ oz Water	Naan Bread ½ Serving Soy Butter ½ oz 100% Fruit Juice 4 oz.	

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