



**Renu Hope Foundation  
Breakfast For (3-5 years old)  
July 03-31, 2023**

In accordance with Federal Law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, of Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-7206382 (TTY). USDA is an equal opportunity employer.

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cheerios Cereal ¾ c. Bananas 4oz. 1% Milk 6 oz.	<b>4</b> <b>HOLIDAY SCHOOL CLOSED</b>	<b>5</b> Rice Krispies Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	<b>6</b> Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>7</b> Raising bread ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
<b>10</b> Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz.	<b>11</b> Mini bagels ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	<b>12</b> Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	<b>13</b> English muffins ½ serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>14</b> French toast ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
<b>17</b> Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.	<b>18</b> Bran Muffins ½ Serving. Fruit Cup 4oz. 1% Milk 6oz.	<b>19</b> Cheerios Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz	<b>20</b> Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6oz.	<b>21</b> Banana Bread ½ serving. Fruit Cup 4oz 1% Milk 6oz.
<b>24</b> Rice Chex cereal 1 C. Bananas 4oz. 1% Milk 6oz.	<b>25</b> Mini bagels ½ serving. Fruit Cup 4oz. 1% Milk 6oz.	<b>26</b> Cold Cereal ¾ C. Fruit Cup 4oz. 1% Milk 6oz.	<b>27</b> Waffles ½ Serving. Applesauce Cup 4oz. 1% Milk 6oz.	<b>28</b> French toast ½ serving. Fruit Cup 4oz. 1% Milk 6oz.
<b>31</b> Corn Flakes Cereal ¾ C. Bananas 4oz. 1% Milk 6oz.				

\*\*\*Children are served enriched whole grain and whole wheat products.100% WHEAT AND GLUTEN FREE CRACKERS, BARS AND BREAD ARE SERVED.

\*\*\*We serve whole milk for children 1-2 years of age, and 1% milk for children 3-5 years of age.

\*\*\*Substitutions for dairy products include soy milk, rice milk, soy yogurt and soy butter.

\*\*\*Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.

\*\*\*Water is available to children daily. \*\*\*\*\*WE ARE NUT FREE INSTITUTIONS\*\*\*\*\*



# Renu Hope Foundation Lunch For (3-5 years old) July 03-31, 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Chimichangas 1 ea. Fresh vegetables 2oz. Fresh fruit 2oz. 1% Milk 6 oz.	<b>4</b>  <b>HOLIDAY SCHOOL CLOSED</b>	<b>5</b> Pepperoni pizza 1ea. Fresh Salad 2oz. Canned fruit 2oz. 1% Milk 6oz.	<b>6</b> Ham & Cheese sandwich 1.5 oz. Wheat Bread ½ serving. fresh Vegetables 2oz Fresh Fruit 2oz. 1% Milk 6oz	<b>7</b> Fish Sticks 1.5oz. Sweet potato fries 2oz. Fruit Cup 2oz. 1% Milk 6oz.
<b>10</b> B.B.Q Chicken 1.5oz. Wheat Bread ½ serving. Mashed Potato 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	<b>11</b> Beef patties 1.5 oz. Hamburger Bun ½ serving. Fresh Vegetables 2oz Fresh fruit 2oz. 1% Milk 6oz.	<b>12</b> Chicken Nuggets 1.5oz. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	<b>13</b> Cheese Pizza 1ea. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	<b>14</b> Cheese and Turkey Wrap 1.5oz. Pita bread ½ Serving. Fresh veggies 2oz. Fruit Cup 2oz. 1% Milk 6oz.
<b>17</b> Spaghetti & Meatball 1.5 oz. Spaghetti pasta ¼ c. Fresh salad 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	<b>18</b> Bean and cheese taco 1.5 oz. Flour tortillas ½ serving. Steamed vegetables 2oz. Fresh fruit 2oz. 1% Milk 6oz	<b>19</b> Chicken Patties 1.5oz. Hamburger Bun ½ Serving. Fresh Vegetables 2oz Canned Fruit 2oz. 1% Milk 6oz	<b>20</b> Taco salad 1.5 oz Tostada Shell ½ Serving. Fresh vegetables 2oz. Canned Fruit 2oz. 1% Milk 6oz.	<b>21</b> Chicken Chimichanga 1ea. Fresh Vegetable 2oz. Canned fruit 2oz 1% Milk 6oz.
<b>24</b> Beef Taco 1.5oz. Flour Tortilla ½ Serving. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.	<b>25</b> Mac and cheese 1ea. Steamed Vegetables 2oz. Canned Fruit 2oz. 1% Milk 6oz	<b>26</b> Chicken Alfredo 1.5 oz. Fetuccini pasta ¼ c. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz	<b>27</b> Beef chimichanga 1ea. Steamed vegetables 2oz. Fruit cup 2oz. 1% Milk 6oz.	<b>28</b> Turkey & Cheese sandwich 1.5oz WGR. Bread ½ serving. Fresh Vegetables 2oz. Fresh Fruit 2oz. 1% Milk 6oz.
<b>31</b> Beef macarroni 1.5 oz WGR.Elbow pasta ¼ c. Steamed Vegetables 2 oz. Fresh Fruit 2oz. 1% Milk 6oz				

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**Renu Hope Foundation  
Snack For (3-5) years old  
July 03-31, 2023**

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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>  Fig Newton ½ serving. 1% Milk 4oz	<b>4</b>  <b>HOLIDAY SCHOOL CLOSED</b>	<b>5</b>  Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	<b>6</b>  Animal Crackers ½ Serving. Yogurt 2oz. Water	<b>7</b>  Strawberry Nutri Grain ½ Serving. 1% Milk 4oz.
<b>10</b>  Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	<b>11</b>  Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	<b>12</b>  Cheese stick ½ oz. Ritz Crackers ½ Serving. 100% Fruit Juice 4oz.	<b>13</b>  Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	<b>14</b>  Lorna Doone Crackers ½ serving, 1% Milk 4oz.
<b>17</b>  Fig Newton ½ serving. 1% Milk 4oz.	<b>18</b>  Wheat crackers ½ Serving. Fruit Cup 4oz. Water	<b>19</b>  Babybel Semisoft Cheese 1oz Naan Bread ½ serving. 100% Fruit Juice 4oz.	<b>20</b>  Graham crackers ½ Serving. Yogurt 2oz. Water	<b>21</b>  Apple Nutri grain bar ½ Serving. 1% Milk 4oz.
<b>24</b>  Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz	<b>25</b>  Chocolate pudding 2oz. Nilla wafers ½ serving. Water	<b>26</b>  Cheese stick ½ oz. Ritz Crackers ½ Serving. 100% Fruit Juice 4oz.	<b>27</b>  Animal Crackers ½ Serving. Yogurt 2oz. Water.	<b>28</b>  Lorna Doone Crackers ½ serving, 1% Milk 4oz.
<b>31</b>  Fruit nutri bar ½ serving. 1% Milk 4oz.				

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