



Renu Hope Foundation
Breakfast For (2-5 years old)
July 01-31, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children ages 1-2 years of age are served whole milk. Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) milk, Soy milk, soy yogurt and soy butter
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	2 Bran Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	3 Corn Flakes Cereal ½ c. Tropical fruit 4oz. 1% Milk 6oz.	4 HOLIDAY SCHOOL CLOSED	5 English muffins ½ serving. Diced Pears 4oz. 1% Milk 6oz.
8 Rice Chex Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz	9 Mini bagels ½ serving. Mandarin Orange 4oz. 1% Milk 6oz.	10 Cheerios Cereal ¾ c. Tropical fruit 4oz. 1% Milk 6 oz.	11 Waffles ½ Serving. Applesauce 4oz. 1% Milk 6oz.	12 Banana Bread ½ Serving. Diced Peach 4oz. 1% Milk 6oz
15 Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	16 Blueberry Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	17 Corn Flakes Cereal ½ c. Tropical fruit 4oz. 1% Milk 6oz.	18 French toast ½ serving. Applesauce 4oz. 1% Milk 6oz.	19 Raising bread ½ serving. Diced Pears 4oz. 1% Milk 6oz.
22 Rice Chex cereal 1 C. Fresh Bananas 4oz. 1% Milk 6oz.	23 Mini bagels ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	24 Cheerios Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6oz.	25 Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6oz.	26 Banana Bread ½ Serving. Diced Peach 4oz. 1% Milk 6oz
29 Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	30 Variety Muffins ½ Serving. Diced Pears 4oz. 1% Milk 6oz.	31 Corn Flakes Cereal ½ c. Tropical fruit 4oz. 1% Milk 6oz.		

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
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Lunch For (2-5 years old)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B.B.Q Chicken 1.5 oz. Wheat Bread ½ Serving. Mashed Potato 2 oz. Watermelon 2 oz. 1% Milk 6 oz	2 Turkey-Spanish Rice bowl 1.5c. Brown Rice ¼ c. Celery-Corn 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz	3 Cheese Ravioli 1.5 oz. Pasta Ravioli ¼ C. Steamed Capri-blend 2 oz. Mixed Berries 2 oz. 1% Milk 6 oz	4 HOLIDAY SCHOOL CLOSED	5 Fish Strips 1.5 oz. Breading ½ serving. Cole slaw 2 oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.
8 Terriyaki Chicken 1.5 ea. Steamed Bown Rice ¼ C. Asian blend Vegetables 2oz. Fresh Honeydew 2 oz. 1% Milk 6 oz.	9 Taco Salad 1cup. Fiesta chips ½ serving. Fresh Lettuce & tomato 2 oz. Fresh Apples slices 2 oz. 1% Milk 6 oz.	10 Pepperoni Pizza 1ea. Fresh carrots w/Ranch 2 oz Fresh Mix Berries 2 oz. 1% Milk 6 oz.	11 Turkey-Cheese Wrap 1.5 oz. Spinach wrap ½ Serving. Cucumber-Tomato salad 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz.	12 Chicken-enchilada casserole 1.5C. Corn tortilla ½ Serving. Fiesta Corn 2 oz. Fresh Diced Mango 2 oz. 1% Milk 6 oz.
15 Tuna Casserole 1.5 Cup. Wgr. Penne Pasta ¼ C. Steamed Green Beans 2 oz. Fresh Mango 2 oz. 1% Milk 6 oz.	16 Bean Burrito bowl 1.5 Cup. Brown rice ¼ c. Pico de Gallo 2 oz. Fresh Orange Slices 2 oz 1% Milk 6 oz.	17 Beef Lasaña 6 oz. Lasaña Pasta ¼ C. Tosed Salad w/dressing 2 oz. Mixed Berries 2 oz. 1% Milk 6 oz.	18 Greek Gyro Pita Pocket 1.5 oz. Wgr. Pita Pocket ½ serving. Fresh Mix Vegetables/D 2 oz. Fresh Honeydew 2 oz 1% Milk 6 oz.	19 Chicken Alfredo 1.5 Cup. Wgr. Fettuccine Pasta ¼ C. Steamed Cal-blend 2 oz. Fresh fruit 2 oz. 1% Milk 6 oz.
22 Chicken Stir Fry 1.5 oz. Steamed Rice ¼ C. Stir fry vegetables 2 oz. Watermelon 2 oz. 1% Milk 6 oz.	23 Beefy mac 1.5 Cup. Wheat Pasta ¼ C. Steamed Green Beans 2 oz. Fresh Apple slices 2 oz. 1% Milk 6 oz.	24 Chicken Pattie 1.5 oz. Hamburger Buns ½ Serving. Lettuce and Tomato 2 oz. Fresh Mix Berries 2 oz. 1% Milk 6 oz.	25 Turkey- cheese Subway 1.5oz. Wgr. Subway roll ½ Serving. Lettuce-Tomato 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz	26 Spaghetti & Meatball 1.5 oz. Wgr. Spaghetti pasta ¼ C. Fresh salad w/dressing 2 oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.
29 Chicken chow Mein 1.5Cup. Pasta noodles ¼ c. Vegetable egg rolls 2 oz. Mandarin Orange 2 oz. 1% Milk 6 oz.	30 Beef patties & Cheese 1.5 oz. Hamburger Bun ½ Serving. Sweet potato fries 2 oz. Fresh mixed fruit 2 oz. 1% Milk 6 oz.	31 Chicken Fajitas 1.5 oz. Flour tortillas ½ serving. Refried Beans 2 oz Mix Berries 2 oz. 1% Milk 6 oz.		

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Snack For (2-5 years old)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	String cheese 1ea Saltine Crackers ½ Serving. Applesauce 4oz.	Carrot sticks 2oz. Ritz crackers ½ serving. Cream cheese 1oz.	HOLIDAY SCHOOL CLOSED	Fig Newtons Bar ½ serving. 1% Milk 4oz.
8	9	10	11	12
Cottage cheese 2oz. Diced peach 4oz. Water.	Babybel Semisoft ch. 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.	Mix fresh Fruit 4oz. Breadsticks ½ serving. Water.	Fresh Fruit Yogurt 2oz. Vanilla wafers ½ Serving.	Apple Nutri G ½ Serving. 1% Milk 4oz.
15	16	17	18	19
Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	String cheese 1ea. Bread sticks ½ Serving. Applesauce 4oz.	Celery sticks 4oz Soy butter 1oz. Water.	Fresh Fruit Yogurt 2oz. Graham Crackers ½ Serving.	Fig Newtons Bar ½ serving. 1% Milk 4oz.
22	23	24	25	26
Cottage cheese 2oz. Diced peach 4oz. Water.	Soft spread cheese 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.	Fresh Mix veggies 4oz Breadsticks ½ serving. Ranch dressing 1oz. Water.	Fresh Fruit Yogurt 2oz. Animal Crackers ½ Serving.	Strawberry Nutri G ½ Serving. 1% Milk 4oz.
29	30	31		
Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	Babybel Semisoft ch. 1ea. Naan Bread ½ Serving. Tropical fruit 4oz.	Mix fresh Fruit 4oz. Breadsticks ½ serving. Water.		

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