



**Renu Hope Foundation
Breakfast For (1-2 years old)
October 02-31, 2023**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children ages 1-2 years of age are served whole milk. Children 3-5 years of age are served 1% milk. Dairy Substitutions: Soy milk, soy yogurt and soy butter
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. We are a nut free institution.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Rice Chex cereal 1 C. Fresh Bananas 2oz. Milk 4oz.	3 Mini bagels ½ Serving. Mandarin orange 2oz. Milk 4oz.	4 Cold Cereal ¾ C. Fresh Banana 2oz. Milk 4oz.	5 English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz.	6 Raising bread ½ serving. Diced Peach 2oz. Milk 4oz.
9 Corn Flakes Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	10 Blueberry bread ½ Serving. Mandarin Orange 2oz. Milk 4oz.	11 Cheerios Cereal ¾ C. Fresh Banana 2oz. Milk 4oz	12 Banana Bread ½ Serving. Applesauce 2oz. Milk 4oz.	13 French toast ½ serving. Diced Pears 2oz. Milk 4oz.
16 Rice Chex cereal 1 C. Fresh Bananas 2oz. Milk 4oz.	17 Mini bagels ½ serving. Mandarin Orange 2oz. Milk 4oz.	18 Cold Cereal ¾ C. Fresh Banana 2oz. Milk 4oz.	19 English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz	20 Banana Bread ½ serving Diced Peach 2oz. Milk 4oz.
23 Corn Flakes Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	24 Blueberry bread ½ Serving. Mandarin Orange 2oz. Milk 4oz.	25 Cheerios Cereal ¾ c. Fresh Banana 2oz. Milk 4oz.	26 Waffles ½ Serving. Applesauce Cup 2oz. Milk 4oz.	27 French toast ½ serving. Diced Pears 2oz. Milk 4oz.
30 Rice Chex cereal 1 C. Fresh Bananas 2oz. Milk 4oz	31 Mini bagels ½ serving. Mandarin Orange 2oz. Milk 4oz			

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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Renu Hope Foundation

Lunch For (1-2 years old)

October 02-31, 2023

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti & Meatball 1oz. Spaghetti pasta ¼ c. Fresh salad 1oz. Canned mixed fruit 1oz. Milk 4oz.	3 Beef patties 1oz. Hamburger Bun ½ serving. Lettuce - Tomato 1oz Fresh watermelon 1oz. Milk 4oz.	4 Chicken Nuggets 1oz. Breeding ½ serving. Steamed Green Beans 1oz. Fresh Apples 1oz. Milk 4oz.	5 Tuna salad 1ea. Saltine crackers ½ serving. 5 way Mix vegetables 1oz. Fresh Cantaloupe 1oz. Milk 4oz.	6 Cheese Quesadilla 1 oz Flour tortilla ½ Serving. Refried Beans 1oz. Canned Pineapple 1oz. Milk 4oz
9 Chicken Alfredo 1oz. Fetuccini pasta ¼ c. Steamed Broccoli 1oz. Canned mixed fruit 1oz. Milk 4oz	10 Bean and cheese taco 1oz. Flour tortillas ½ serving. Lettuce- Tomato 1oz. Fresh Oranges 1oz. Milk 4oz	11 Mac & Cheese sauce 2 oz. Elbow Pasta ¼ c. Steamed Cal-blend 1oz. Fresh Pears 1oz. Milk 4oz.	12 Turkey-ch sandwich 1oz WGR. Bread ½ serving. Lettuce - Tomato 1oz. Fresh Honeydew 1oz. Milk 4oz.	13 Fish Sticks 1oz. Breeding ½ serving. Sweet potato fries 1oz. Fresh Pineapple 1oz. Milk 4oz
16 Teriyaki Chicken 1oz. Steamed Brown rice ½ serving. Steamed Asian blend 1oz. Canned Mixed fruit 1oz. Milk 4oz.	17 Beef- vegetable Stew 1oz Carrot-potato-celery 1oz Corn bread ½ serving. Fresh watermelon 1oz. Milk 4oz.	18 Pepperoni pizza 1 ea. Fresh Salad 1oz. Fresh Apples 1oz. Milk 4oz	19 Cheese- Turkey Wrap 1oz. Pita bread ½ Serving. Cucumber-Tomato 1oz. Fresh Cantaloupe 1oz. Milk 4oz	20 Cheese Quesadilla 1oz Flour tortilla ½ Serving. Refried Beans 1oz. Canned Pineapple 1oz. Milk 4oz
23 Beef and cheese taco 1oz. Flour tortillas ½ serving. Fresh Lettuce & tomato 1oz. Canned Mixed Fruit 1oz. Milk 4oz.	24 Cheese sandwich 1oz Wheat Bread ½ serving. Tomato soup 3oz. Fresh Banana 1oz Milk 4oz.	25 Mac & Cheese sauce 2 oz. Elbow Pasta ¼ c. Steamed Corn 1oz. Fresh Pears 1oz. Milk 4oz.	26 Turkey- cheese sandwich 1oz. Wheat Bread ½ serving. Coley-carrot sticks 1oz Fresh Honeydew 1oz. Milk 4oz	27 Chicken Nuggets 1oz. Steamed corn 1oz. Fresh Pineapple 1oz. Milk 4oz.
30 B.B.Q. Chicken 1 oz. Dinner rolls ½ serving. Mashed potato 1oz. Canned Mixed Fruit 1oz. Milk 4oz.	31 Beef macarroni 1oz WGR.Elbow pasta ¼ c. Steamed Green Beans 1 oz. Fresh Orange 1oz. Milk 4 oz			

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Renu Hope Foundation

Snack For (1-2 years old)

October 02-29, 2023

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	3 Cheese stick 1ea. Ritz Crackers ½ Serving. Tropical fruit 4oz	4 Carrot sticks 4oz. saltine crackers ½ serving. Ranch dressing 1oz	5 Fresh fruit Yogurt 2oz. Animal Crackers ½ Serving. Water.	6 Strawberry Nutri G ½ Serving. Milk 4oz.
9 Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	10 Babybel Semisoft cheese 1ea Bread sticks ½ Serving. Tropical fruit 4oz.	11 Celery sticks 4oz Soy butter 1oz. Water.	12 Fruit Yogurt 2oz. Graham crackers ½ Serving. Water.	13 Cottage cheese 2oz. Diced peach 4oz. Water.
16 Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	17 Cheese stick 1ea. Saltine Crackers ½ Serving. Tropical fruit 4oz.	18 Broccoli-cauliflower florets 4oz Cottage cheese Ranch 2oz. Water.	19 Fresh Fruit Yogurt 2oz. Animal Crackers ½ Serving. Water.	20 Fig Newtons Bar ½ serving. Milk 4oz.
23 Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	24 Soft spread cheese 1ea. Bread sticks ½ Serving. Tropical fruit 4oz.	25 Hummus 2oz. Naan Bread ½ serving. Fresh veggies 4oz	26 Fruit Yogurt 2oz. Graham Crackers ½ Serving. Water.	27 Cottage cheese 2oz. Diced peach 4oz. Water.
30 Goldfish Crackers ½ Serving. 100 % Fruit Juice 4oz.	31 Babybel Semisoft cheese 1ea. Bread sticks ½ Serving. Tropical fruit 4oz.			

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