



Renu Hope Foundation
Breakfast For (2-5) years old)
December 02-31, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Cheerios ¾ C. Tropical Fruit 4oz. 1% Milk 6oz.	Bran Muffins ½ Serving. Applesauce 4oz. 1% Milk 6oz.	Mini bagels ½ S. Fresh Berries 4oz. 1% Milk 6oz	French Toast ½ Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	Yogurt W/granola 4 oz. Fresh Bananas 4oz. 1% Milk 6oz.
9	10	11	12	13
Pancakes ½ Serving. Mix fruit 4 oz. 1% Milk 6oz	Blueberry Muffin ½ Serving. Diced Pears 4oz. 1% Milk 6oz.	Waffles ½ Serving. Apple slices 4oz. 1% Milk 6oz.	Corn muffins ½ Serv Pineapple tidbits 4oz 1% Milk 6oz.	Zucchini Bread ½ Serving. Fresh oranges 4oz. 1%Milk 6oz
16	17	18	19	20
English muffins ½ Serving Diced Peach 4oz. 1% Milk 6oz.	French Toast ½ Serving. Tropical fruit 4 oz. 1% Milk 6oz.	Pineapple Bread ½ serving. Fresh Mango 4oz. 1%Milk 6oz	Yogurt W/ Granola 4oz Diced Peach 4 oz. 1% Milk 6oz.	Banana Bread ½ Ser Fresh Oranges 4oz 1% milk 6oz
23	24	25	26	27
Rice Chex Cereal ½ c. Fresh Bananas 4oz. 1% Milk 6oz.	Orange & Berries Bread ½ Serv Apples slices 4oz 1% Milk 6oz.	HOLIDAY SCHOOL CLOSED	Pancakes ½ Serv Diced pear 4oz 1% milk 6oz	Carrot bread ½ Serving. Tropical fruit 4oz. 1% Milk 6oz
30	31			
Corn Muffin ½ Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	Yogurt w/Granola 4oz Granola 1oz Fresh Mango 4oz 1% Milk 6oz.			

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



Renu Hope Foundation Lunch For (2-5 years old) December 2-31, 2024.

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey & Cheese Wrap 1.5oz Spinach Tortilla ½ Serving fresh vegetables 2oz. Fresh Fruit 2 oz. 1% Milk 6 oz.	3 Chicken Noodle soup 1C Whole Grain pasta ½ Serving. Mix veggies 2 oz. Fresh mango 2 oz. 1% Milk 6oz.	4 BBQ Chicken 1.5 oz. W.W Dinner Rolls ½ Serving Mashed Potato 2oz Tropical Fruit 2 oz. 1% Milk 6 oz.	5 Chicken / Fish Strips 1.5 oz. Breading ½ Serving. Potato Salad 2 oz. Fresh Orange Slices 2 oz 1% Milk 6oz.	6 Mac & Cheese ¾ C. Whole Grain Pasta ½ Serving California Blend Vegetables 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz.
9 Beef Chili Mac 1.5 oz. Whole Grain Pasta ½ Serving Steamed Broccoli 2 oz. Fresh Mix Berries 2 oz. 1% Milk 6 oz	10 Chicken and Rice Soup 1C. Diced chicken 1.5 oz Steamed rice ¼ c. Mix vegetables 2oz Fresh bananas 2oz 1% Milk 6oz.	11 Lasagna 4oz. Whole Wheat pasta ½ Serving. California Blend Vegetables 2oz Fresh Pears 2 oz. 1% Milk 6 oz	12 Turkey and Cheese Sub 1.5oz. Whole Grain Sub rolls ½ Serv Lettuce-Tomato 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz.	13 Albondigas Soup 1C Whole Wheat Bread ½ Serving. Fresh Mix Vegetables 2oz. Fresh fruit 2 oz. 1% Milk 6oz.
16 Chicken Alfredo 1.5 oz. Whole Grain Pasta ½ Serving. Green Beans 2oz. Fresh Diced Mango 2 oz. 1% Milk 6oz.	17 Greek Gyro Pita Pocket Greek Meat 1.5oz Whole Grain Pita Pocket ½ Serving. Green Salad 2oz. Fresh Cantaloupe 2 oz 1% Milk 6 oz.	18 Turkey and Potato Soup 1 C Whole Wheat Bread ½ Serving Diced Potato 2 oz. Fresh fruit 2 oz. 1% Milk 6 oz.	19 Chicken / Tuna Casserole 1.5 oz. Whole Grain Pasta ½ Serving. Steamed Vegetables 2oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.	20 Beef Tostada 1.5oz. Hard Shell Tortilla ½ Serving. Pico De Gallo 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6oz.
23 Cheese Quesadilla 1.5 oz. Flour Tortilla ½ S. Refried Beans 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	24 Spaghetti and Meatballs 1.5 oz. Whole Grain Pasta ½ Serving. Green Beans 2oz. Mix Berries 2 oz. 1% Milk 6 oz.	25 HOLIDAY SCHOOL CLOSED	26 Turkey and Cheese Sand 1.5 oz. Whole Wheat Bread ½ serving. Tomato Basil Soup 4oz. Diced Peach 2 oz. 1% Milk 6 oz.	27 Chicken Pot Pie 1.5 oz Whole Grain Diner Rolls ½ Serv Peas and Carrots 2 oz. Fresh Apples 2 oz. 1% Milk 6 oz.
30 Ground Beef - Rice Bowl 1C. Spanish Rice ¼ c. Pico de Gallo 2oz. Fresh oranges 2oz. 1% Milk 6oz.	31 Chicken Nuggets 1.5 oz Whole Wheat Bread ½ Serv Fresh Mix Vegetables 2 oz. Fresh Fruit 2 oz. 1% Milk 6 oz.			

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**Renu Hope Foundation
Snack For (2 -5) years old
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Berry Nutri grain bars ½ S. 1% Milk 4 oz.	3 Soft spread cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	4 Carrot Sticks 4oz Triscuits ½ Serv Ranch dressing ½ oz.	5 Goldfish Crackers ½ oz. 100% Fruit Juice 4oz.	6 Avocado Toast Wgr. Toast Bread ½ S. Avocado dip 4oz Water
9 Cottage cheese 2 oz. Diced peach 4oz. Water.	10 String Cheese ½ oz. Saltine Crackers ½ Serving. Tropical fruit 4oz.	11 Corn Muffin ½ Serving. 1% Milk 4oz.	12 Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	13 Wheat Thins ½ Serving. String Cheese ½ oz Water
16 Yogurt 4 oz. Graham Crackers ½ Serving. Water	17 Cheez its crackers ½ serving. 100% Fruit Juice 4oz.	18 Avocado Toast Wgr. Toast Bread ½ s. Avocado Dip 4oz. Water	19 Fig Newtons ½ Serving. Diced Peaches 4 oz. 1% Milk 4oz.	20 Fresh Cucumbers 4 oz Rice Cake ½ Serving. Water
23 Raisin Bread ½ Serv Milk 4oz.	24 Cottage Cheese 2oz. Pineapple Tidbits 4 oz. Water	25 HOLIDAY SCHOOL CLOSED	26 Fruit Yogurt 4oz. Animal Crackers ½ oz. Water	27 Baby bel Cheese ½ oz. Ritz crackers ½ serving. Diced peach 4oz.
30 Graham Crackers ½ oz. Fruit Yogurt 4oz. Water	31 Apple Nutri grain bar ½ Serv. 1 % Milk 4 oz.			

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