



Renu Hope Foundation
Breakfast For (2-5) years old)
November 01-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and
 Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to
 serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Yogurt W/granola 4 oz. Fresh Bannas 4oz. 1% Milk 6oz.
4 Mini Bagels ½ Serving. Apple Sauce 4 oz. 1% Milk 6oz	5 Bran Muffins 1/2 Serving. Diced Peach 4oz. 1% Milk 6oz.	6 Corn Flakes 1C Fresh Berries 4oz. 1% Milk 6oz	7 French Toast 1/2 Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	8 Zucchini Bread ½ Serving. Pineapple Tibbits 4oz. 1%Milk 6oz
11 Raisin Bread ½ Serving Fresh Bananas 4oz. 1% Milk 6oz.	12 Blueberry Muffin ½ Serving. Diced Pears 4oz. 1% Milk 6oz.	13 French Toast 1/2 Serving. Tropical fruit 4 oz. 1% Milk 6oz.	14 Yogurt W/ Granola 4oz Fresh Oranges 4 oz. 1% Milk 6oz.	15 Waffles 1/2 Serving. Mix Fruit 4oz. 1% Milk 6oz.
18 Orange & Berries Bread ½ Serv Fresh Apples 2oz 1% Milk 6oz.	19 Cheerios ¾ C Tropical Fruit 2oz. 1% Milk 6oz.	20 French Toast ½ Serv Fresh Mango 4oz. 1% Milk 6oz.	21 Pineapple Bread 1/2 serving. Dice Peach 2oz. 1%Milk 6oz	22 Rice Cakes ½ Serving. Fresh Banans 2oz. 1% Milk 6oz
25 Corn Muffin 1/2 Serving. Mandarin Oranges 4oz. 1% Milk 6oz.	26 Banana Bread ½ Serv Fresh Oranges 4oz 1% milk 6oz	27 Pancakes ½ Serv Diced pear 2oz 1% milk 6oz	28 NO SCHOOL	29 NO SCHOOL

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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Renu Hope Foundation

Lunch For (2-5 years old)

November 1-30, 2024.

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 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Noodle soup 1C Whole Grain pasta ½ Serving. Peas and Carrots 2 oz. Fresh mango 2 oz. 1% Milk 6oz.
4 Beef Chili Mac 1.5 oz. Whole Grain Pasta ½ Serving Steamed Broccoli 2 oz. Fresh Mix Berries 2 oz. 1% Milk 6 oz	5 Greek Gyro Pita Pocket Greek Meat 1.5oz Whole Grain Pita Pocket ½ Serving Green Salad 2oz. Fresh Cantaloupe 2 oz 1% Milk 6 oz.	6 BBQ Chicken 2 oz. W.W Diner Rolls ½ Serving Mashed Potato 2oz Tropical Fruit 2 oz. 1% Milk 6 oz.	7 Chicken / Fish Strick 1.5 oz. Breading ½ Serving. Cole Slaw Salad 2 oz. Fresh Orange Slices 2 oz 1% Milk 6oz.	8 Mac & Cheese ¾ C. Whole Grain Pasta ½ Serving California Blend Vegetables 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz.
11 Chicken Alfredo 1.5 oz. Whole Grain Pasta ½ Serving. Green Beans 2oz. Fresh Diced Mango 2 oz. 1% Milk 6oz.	12 Albondigas Soup 1C Whole Wheat Bread ½ Serving. Fresh Mix Vegetables 2oz. Fresh Apples 2 oz. 1% Milk 6oz.	13 Chicken Wrap 1.2oz Spinach Tortilla ½ Serving Lettuce & tomato 2oz. Fresh Watermelon 2 oz. 1% Milk 6 oz.	14 Turkey and Cheese Sub 1.5oz. Whole Grain Sub rolls ½ Serv Lettuce-Tomato 2 oz. Fresh Apple 2 oz. 1% Milk 6 oz	15 Beef Tostada 1.5oz. Hard Shell Tortilla ½ Serving. Pico De Gallo 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6oz.
18 Ground Turkey Soup 1 C Whole Wheat Bread ½ Serving Diced Potato 2 oz. Fresh Melon 2 oz. 1% Milk 6 oz.	19 Spaghetti and Meatballs 1.5 oz. Whole Grain Pasta ½ Serving. Green Beans 2oz. Mix Berries 2 oz. 1% Milk 6 oz.	20 Vegetarian Lasagna 4oz. Whole Wheat pasta ½ Serving. California Blend Vegetables 2oz Fresh Pears 2 oz. 1% Milk 6 oz.	21 Turkey and Cheese Sand 1.5 oz. Whole Wheat Bread ½ serving. Tomato Basil Soup 2 oz. Diced Peach 2 oz. 1% Milk 6 oz.	22 Chicken / Tuna Casserole 1.5 oz. Whole Grain Pasta ½ Serving. Steamed Vegetables 2oz. Fresh Pineapple 2 oz. 1% Milk 6 oz.
25 Cheese Quesadilla 1.5 oz. Flour Tortilla ¼ C. Refried Beans 2 oz. Fresh Orange Slices 2 oz. 1% Milk 6 oz.	26 Picadillo Soup 1 C Whole Wheat Bread ½ Serv Fresh Mix Vegetables 2 oz. Fresh Melon 2 oz. 1% Milk 6 oz.	27 Chicken Pot Pie 1.5 oz Whole Grain Diner Rolls ½ Serv Peas and Carrots 2 oz. Fresh Apples 2 oz. 1% Milk 6 oz.	28 NO SCHOOL	29 NO SCHOOL

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**Renu Hope Foundation
Snack For (2 -5) years old
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Corn Muffin ½ Serving. Milk 4oz.
4 Cottage cheese 2oz. Diced peach 4oz. Water.	5 Soft spread cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	6 Carrot Sticks 4oz Triscuits ½ Serv Ranch dressing ½ oz.	7 Fruit Yogurt 2oz. Animal Crackers ½ oz. Water	8 Wheat Thins ½ Serving. String Cheese ½ oz Water
11 Graham Crackers ½ Serv String Cheese ½ oz Water	12 Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	13 Fresh Apples 4oz Soy butter ½ oz. Water	14 Apple Nutri Grain Bar ½ Serving. Milk 4 oz.	15 Fresh Cucumbers 4 oz Oatmeal Cake ½ Serving. Water
18 Raisin Bread ½ Serv Milk 4oz.	19 String Cheese ½ oz. Naan Bread ½ Serving. Tropical fruit 4oz.	20 Fresh Fruit 4oz. Rice Cakes ½ Serving. Water.	21 Cottage Cheese 2oz. Fresh Pineapple 4 oz. Water	22 Goldfish Crackers ½ oz. 100% Fruit Juice 4oz.
25 Graham Crackers ½ oz. Fruit Yogurt 4oz. Water	26 Fig Newtons ½ Serving. Diced Peaches 4 oz. Water	27 Carrot & Celery Sticks 4 oz. Sunflower Dip ½ oz Water	28	29

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