



Renu Hope Foundation

Breakfast For (6-12) years old)

December 01-31, 2025

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter.Non-Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheerios 1 C. Tropical Fruit 4oz. 1% Milk 8oz.	2 Bran Muffins 1 Serving. Applesauce 4oz. 1% Milk 8oz.	3 Mini bagels 1 S. Fresh Berries 4oz. 1% Milk 8oz	4 French Toast 1 Serving. Mandarin Oranges 4oz. 1% Milk 8oz.	5 Yogurt W/granola 4 oz. Granola .5oz Fresh Bananas 4oz. 1% Milk 8oz.
8 Pancakes 1 Serving. Mix fruit 4 oz. 1% Milk 8oz	9 Blueberry Muffin 1Serving. Diced Pears 4oz. 1% Milk 8oz.	10 Waffles 1 Serving. Apple slices 4oz. 1% Milk 8oz.	11 Corn muffins 1 Serving. Pineapple tidbits 4oz 1% Milk 8oz.	12 Zucchini Bread 1 Serving. Fresh oranges 4oz. 1%Milk 8oz
15 English muffins 1Serving. Diced Peach 4oz. 1% Milk 8oz.	16 French Toast 1 Serving. Tropical fruit 4 oz. 1% Milk 8oz.	17 Pineapple Bread 1 Serving. Fresh Mango 4oz. 1%Milk 8oz	18 Yogurt W/ Granola 4oz Granola .5 oz Diced Peach 4 oz. 1% Milk 8oz.	19 Banana Bread 1 Serv. Fresh Oranges 4oz 1% milk 8oz
22 Rice Chex Cereal 1 C. Fresh Bananas 4oz. 1% Milk 8oz.	23 Orange & Berries Bread ½ Serving. Apples slices 4oz 1% Milk 8oz.	24 Pancakes 1 Serving. Diced pear 4oz 1% milk 8oz	25 HOLIDAY SCHOOL CLOSED	26 HOLIDAY SCHOOL CLOSED
29 Corn Muffin 1 Serving. Mandarin Oranges 4oz. 1% Milk 8oz.	30 Yogurt w/Granola 4oz Granola 1oz Fresh Mango 4oz 1% Milk 8oz.	31 Blueberry Muffin 1Serving. Diced Pears 4oz. 1% Milk 8oz.		

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
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Lunch For (6-12 years old)

December 1-31, 2025.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey & Cheese Wrap 2oz Spinach Tortilla 1 Serving fresh vegetables 4oz. Fresh Fruit 2 oz. 1% Milk 8 oz.	2 Chicken Noodle soup 1.5C Whole Grain pasta 1 Serving. Mix veggies 4 oz. Fresh mango 2 oz. 1% Milk 8oz.	3 BBQ Chicken 2 oz. W.W Dinner Rolls 1 Serving Mashed Potato 4oz Tropical Fruit 2 oz. 1% Milk 8 oz.	4 Chicken / Fish Strips 2 oz. Breading 1 Serving. Potato Salad 4 oz. Fresh Orange Slices 2 oz 1% Milk 8oz.	5 Mac & Cheese 1 C. Whole Grain Pasta 1 Serving California Blend Vegetables 4 oz. Fresh Apple 2 oz. 1% Milk 8 oz.
8 Beef Chili Mac 2 oz. Whole Grain Pasta 1 Serving Steamed Broccoli 4 oz. Fresh Mix Berries 2 oz. 1% Milk 8 oz	9 Chicken and Rice Soup 1.5C. Diced chicken 2 oz Steamed rice ½ c. Mix vegetables 4oz Fresh bananas 2oz 1% Milk 8 oz.	10 Chicken Alfredo 2 oz. Whole Grain Pasta 1 Serving. California Blend Vegetables 2oz Fresh Pears 2 oz. 1% Milk 8 oz	11 Turkey and Cheese Sub 2oz. Whole Grain Sub rolls 1Serv Lettuce-Tomato 4 oz. Fresh Apple 2 oz. 1% Milk 8 oz.	12 Ground Beef Soup 1.5C Whole Wheat Bread 1 Serving. Fresh Mix Vegetables 4oz. Fresh fruit 2 oz. 1% Milk 8oz.
15 Chicken Alfredo 2 oz. Whole Grain Pasta 1 Serving. Green Beans 4oz. Fresh Diced Mango 2 oz. 1% Milk 8oz.	16 Turkey and Cheese Sand 2 oz. Whole Wheat Bread 1 serving. Tomato Basil Soup 6 oz. Diced Peach 2 oz. 1% Milk 8 oz.	17 Turkey and Potato Soup 1.5 C Whole Wheat Bread 1 Serving Diced Potato 4 oz. Fresh fruit 2 oz. 1% Milk 8 oz.	18 Chicken / Tuna Casserole 2 oz. Whole Grain Pasta 1 Serving. Steamed Vegetables 4oz. Fresh Pineapple 2 oz. 1% Milk 8 oz.	19 Beef Tostada 2oz. Hard Shell Tortilla 1 Serving. Pico De Gallo 4 oz. Fresh Orange Slices 2 oz. 1% Milk 8oz.
22 Cheese Quesadilla 2 oz. Flour Tortilla 1 S. Refried Beans 4 oz. Fresh Orange Slices 2 oz. 1% Milk 8 oz.	23 Spaghetti and Meatballs 2 oz. Whole Grain Pasta 1 Serving. Green Beans 4oz. Mix Berries 2 oz. 1% Milk 8 oz.	24 Turkey and Cheese Sand 2 oz. Whole Wheat Bread 1 serving. Tomato Basil Soup 6 oz. Diced Peach 2 oz. 1% Milk 8 oz.	25 HOLIDAY SCHOOL CLOSED	26 HOLIDAY SCHOOL CLOSED
29 Ground Beef - Rice Bowl 1.5C. Spanish Rice ½ c. Pico de Gallo 4oz. Fresh oranges 2oz. 1% Milk 8oz.	30 Chicken Nuggets 2 oz Whole Wheat Bread 1 Serv Fresh Mix Vegetables 4oz. Fresh Fruit 2 oz. 1% Milk 8 oz.	31 Chicken Pot Pie 2 oz Whole Grain Diner Rolls 1 Serv Peas and Carrots 4 oz. Fresh Apples 2 oz. 1% Milk 8 oz.		

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Snack For (6-12) years old)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Berry Nutri grain bars 1 S. 1% Milk 8oz.	2 Soft spread cheese 1oz. Naan Bread 1 Serving. 100% Fruit Juice 6 oz.	3 Carrot Sticks 6oz. Triscuits 1 Serv Ranch dressing 1 oz.	4 Goldfish Crackers 1 oz. 100% Fruit Juice 6 oz.	6 Fresh Apples 6 oz. Soy butter 1oz. Water
8 Cottage cheese 2 oz. Diced peach 6oz. Water.	8 String Cheese 1 oz. Saltine Crackers 1Serving. Tropical fruit 6 oz.	10 Corn Muffin 1Serving. 1% Milk 8oz.	11 Hummus 1oz. Pita Pocket 1 Serving. 100% Fruit Juice 6oz.	12 Wheat Thins 1 Serving. String Cheese 1oz Water
15 Yogurt 4 oz. Graham Crackers 1 Serving. Water	16 Cheez its crackers 1 serving. 100% Fruit Juice 6 oz.	17 Carrot & Celery Sticks 6oz. Saltine crackers 1 Serving. Sun butter 1 oz Water	18 Fig Newtons 1 Serving. Diced Peaches 6oz. 1% Milk 8oz.	19 Fresh Cucumbers 6 oz. Rice Cake 1Serving. Water
22 Raisin Bread 1 Serv 1% Milk 8oz.	23 Cottage Cheese 2oz. Pineapple Tidbits 6 oz. Water	24 Fruit Yogurt 4oz. Animal Crackers 1 oz. Water	25 HOLIDAY SCHOOL CLOSED	26 HOLIDAY SCHOOL CLOSED
29 Graham Crackers 1 oz. Fruit Yogurt 4oz. Water	30 Apple Nutri grain bar 1 Serv. 1% Milk 8oz.	31 Baby bel Cheese 1oz. Ritz crackers 1 serving. Diced peach 6 oz.		

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