



Renu Hope Foundation

Breakfast-Lunch-Snack (Infants 6-11months)

SEPTEMBER 1-30, 2025.

Breakfast 6-11 Months; Infant cereal 2-4 Tbsp. Fruit/ Vegetable 1-4 Tbsp.
 Lunch 6-11 Months; Infant Cereal 2-4 Tbsp. Meats - Meat Alternative 1-4 Tbsp. Fruit/Vegetable 1-4 Tbsp
 Snack 6-11 Months; Bread ½ serv. Crackers 2ea., Fruit/ Vegetable 1-4 Tbsp, 100% Fruit Juice 2-4 Fluid oz.
 Formula /Breast Milk; 0-3 Mo. B-L-S, 4-6 Fl oz., 4-7 Mo. 4-8 Fl oz., 8-11 Mo. 6-8 Fl oz. at each Mealtime.
 Note: Individual Feeding Plans for infants in transition to solid food items will be prepared as follows;
 Steamed, Mashed or puree to provide the texture and consistency needed for the infant.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 Breakfast- Fruits or Vegetables Lunch-Fruits and Chicken Snack-Fruit or Vegetables Infant Cereal (Rice or Oatmeal)	3 Breakfast- Fruits or Vegetables Lunch- Vegetables and Turkey Snack- Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	4 Breakfast- Fruits or Vegetables Lunch-Vegetables and Beef Snack- Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	5 Breakfast- Fruits or Vegetables Lunch – Chicken and Fruit Snack- Fruit and Vegetables Infant Cereal (Rice or Oatmeal)
8 Breakfast- Fruit or Vegetables Lunch – Vegetables and Beef Snack - Fruit or Vegetables Infant Cereal (Rice or Oatmeal)	9 Breakfast – Fruit or Vegetables Lunch - Fruit and chicken Snack – Fruit or Vegetables Infant Cereal (Rice or Oatmeal)	10 Breakfast _Fruit or Vegetables__ Lunch – Vegetables and turkey Snack - Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	11 Breakfast – Fruits or Vegetables Lunch - Fruit and Turkey Snack – Fruit or Vegetables Infant Cereal (Rice or Oatmeal)	12 Breakfast – Fruit or Vegetables Lunch - Vegetables and Chicken Snack - Fruit and Vegetables Infant Cereal (Rice or Oatmeal)
15 Breakfast- Fruit or Vegetables Lunch – Vegetables and Beef Snack – Fruit and vegetables Infant Cereal (Rice or Oatmeal)	16 Breakfast – Fruit or Vegetables Lunch - Fruit and chicken Snack – Fruit or Vegetables Infant Cereal (Rice or Oatmeal)	17 Breakfast – Fruits or Vegetables Lunch – Vegetables and Turkey Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	18 Breakfast- Fruits or Vegetables Lunch- Fruits and Beef Snack- Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	19 Breakfast – Fruits or Vegetables Lunch - Vegetables and Chicken Snack - Fruits or Vegetables Infant Cereal (Rice or Oatmeal)
22 Breakfast- Fruits or Vegetables Lunch –Vegetables and beef Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	23 Breakfast -Fruits or Vegetables Lunch – Fruits and chicken Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	24 Breakfast- Fruits or Vegetables Lunch – Vegetables and Turkey Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	25 Breakfast – Fruits or Vegetables Lunch -Fruits and Turkey Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)	26 Breakfast – Fruits or Vegetables Lunch - Fruits and Chicken Snack – Fruits or Vegetables Infant Cereal (Rice or Oatmeal)
29 Breakfast- Fruits or Vegetables Lunch- Vegetables and turkey Snack- Fruits or Vegetables Infant Cereal (Rice or oatmeal)	30 Breakfast- fruits or Vegetables Lunch -Chicken and Fruits Snack- Fruits or Vegetables Infant Cereal (Rice or Oatmeal)			

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1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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