



Renu Hope Foundation

Breakfast For (6-12) yrs

August 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and
 Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to
 serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Whole Grain Cheerios 1 C Fresh Bananas 4 oz. 1% Milk 8 oz.	Carrot Bread 1 oz. Tropical Fruit 4 oz. 1% Milk 8 oz.	Whole Grain Waffles 1 oz. Mandarin Oranges 4 oz. 1% Milk 8 oz.	Egg Patty 1 oz. Pita Pocket 4 oz. Mixed Fruit 4 oz. 1% Milk 8 oz.	Yogurt & Granola 2 oz. Whole Grain Granola 1 oz. Diced Peaches 4 oz. 1% Milk 8 oz.
10	11	12	13	14
W. Wheat English Muffin 1 oz. Tropical Fruit 4 oz. 1% Milk 8 oz.	W. Wheat Waffles 1 oz. Diced Pears 4 oz. 1% Milk 8 oz.	Bran Bread 1 oz. Diced Peaches 4 oz. 1% Milk 8 oz.	Egg Bites 1 oz. Whole Wheat Toast 1 oz. Mixed Fruit 4 oz. 1% Milk 8 oz.	Zucchini Bread 1 oz. Mandarin Oranges 4 oz. 1% Milk 8 oz.
17	18	19	20	21
Yogurt & Granola 2 oz. Whole Grain Granola 1 oz. Fresh Bananas 4 oz. 1% Milk 8 oz.	W. Wheat French Toast 1 oz. Applesauce 4 oz. 1% Milk 8 oz.	Carrot Bread 1 oz. Tropical fruit 4 oz. 1% Milk 8 oz.	Hard Boiled Eggs 1 oz. Whole Wheat Toast 1 oz. Diced Peaches 4 oz. 1% Milk 8 oz.	Whole Grain Waffles 1 oz. Mandarin Oranges 4 oz. 1% Milk 8 oz.
24	25	26	27	28
Whole Grain Cheerios 1 C Diced Peaches 4 oz. 1% Milk 8 oz.	Zucchini Bread 1 oz. Fresh Oranges 4 oz. 1% Milk 8 oz.	W. Wheat English Muffin 1 oz. Tropical Fruit 4 oz. 1% Milk 8 oz.	Turkey Sausage 1 oz. Biscuit 1 oz. Diced Pears 4 oz. 1% Milk 8 oz.	W. Wheat French Toast 1 oz. Applesauce 4 oz. 1% Milk 8 oz.
31				
Yogurt & Granola 2 oz. Whole Grain Granola 1 oz. Fresh Bananas 4 oz. 1% Milk 8 oz.				

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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Lunch For (6-12) yrs.

August 01-31, 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bean & Cheese Burrito 2 oz. Whole Wheat Tortilla 1 oz. Green Beans 4 oz. Pineapple Tidbits 2 oz. 1% Milk 8 oz.	4 Chicken/Tuna Sandwich 2 oz. Whole Wheat Bread 1 oz. Mixed Vegetables 4 oz. Mandarin Oranges 2 oz. 1% Milk 8 oz.	5 Whole Wheat Pasta with Tomato Marinara Sauce 2 oz. Turkey Meatballs 2 oz. Steamed Zucchini 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	6 Cheese Quesadilla 2 oz. Wheat Tortilla 1 oz. Black Beans 4 oz. Cal Blend Vegetables 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	7 W. W. Chicken Nuggets 2 oz. Wheat Bread 1 oz. Broccoli Salad 4 oz. Diced Pears 2 oz. 1% Milk 8 oz.
10 Ground Beef & Cheese Taco 2 oz. Whole Wheat Tortilla 1 oz. Fresh Pico De Gallo 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	11 Ground Beef Meatloaf 2 oz. Wheat Dinner Roll 1 oz. Mixed Vegetables 4 oz. Fresh Oranges 2 oz. 1% Milk 8 oz.	12 Turkey & Cheese Sandwich 2 oz. Whole Wheat Bread 1 oz. Cal-Blend Vegetables 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	13 Mac and Cheese 6 oz. Whole Wheat Pasta 1 oz. Steamed Broccoli 4 oz. Tropical Fruit 2 oz. 1% Milk 8 oz.	14 Chicken/Tuna Sandwich 2 oz. Whole Wheat Bread 1 oz. Mixed Vegetables 4 oz. Applesauce 2 oz. 1% Milk 8 oz.
17 Teriyaki Chicken 2 oz. Brown Rice 1 oz. Oriental Blend Vegetables 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	18 Fish Taco 2 oz. Whole Wheat Tortilla 1 oz. Coleslaw Salad 4 oz. Mango 2 oz. 1% Milk 8 oz.	19 Turkey & Cheese Wrap 2 oz. Spinach Tortilla 1 oz. Fresh Lettuce & Cucumber 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	20 Brown Rice/Black Beans Bowl 5 oz. Fresh Pico de Gallo 4 oz. Shredded Cheese 2 oz. Mandarin Oranges 2 oz. 1% Milk 8 oz.	21 Chicken Salad 2 oz. Wheat Crackers 1 oz. Mixed Vegetables 4 oz. Fruit Cocktail 2 oz. 1% Milk 8 oz.
24 Ground Beef & Cheese Taco 2 oz. Whole Wheat Tortilla 1 oz. Fresh Pico De Gallo 4 oz. Mandarin Oranges 2 oz. 1% Milk 8 oz.	25 Turkey & Cheese Sandwich 2 oz. Wheat Bread 1 oz. Fresh Lettuce & Tomato 4 oz. Diced Pears 2 oz. 1% Milk 8 oz.	26 Whole Wheat Pasta with Tomato Marinara Sauce 2 oz. Turkey Meatballs 2 oz. Steamed Zucchini 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.	27 Cheese Quesadilla 2 oz. Wheat Tortilla 1 oz. Black Beans 4 oz. Fresh Pico de Gallo 4 oz. Fresh Apple Slices 2 oz. 1% Milk 8 oz.	28 Fish Sticks 2 oz. Steamed Carrots 4 oz. Quinoa 1 oz. Fresh Bananas 2 oz. 1% Milk 8 oz.
31 Chicken Lo Mein 2 oz. Lo Mein Noodles 1 oz. Oriental Blend Vegetables 4 oz. Diced Peaches 2 oz. 1% Milk 8 oz.				

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Snack For (6-12) yrs

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Fruit Yogurt 6 oz. Whole Grain Granola 1 oz. Water	Naan Bread 1oz. 100% Juice 6 oz.	Whole Grain Cheez-its Crackers 1oz. String Cheese 1 oz. Water	Fresh Cucumber Sticks 6 oz. Cottage Cheese Ranch 1 oz. Goldfish Crackers 1 oz. Water	Blueberry Muffin 1 oz. 1% Milk 8 oz.
10	11	12	13	14
Fig Newtons 1 oz. 1% Milk 8 oz.	Wheat Roll 1 oz. Steamed Celery and Carrot Sticks 6 oz. Water	Pita Pocket 1 oz. Apple Slices 6 oz. Water	Naan Bread 1 oz. Mandarin Oranges 6 oz. Water	Whole Grain Pretzel Goldfish 1 oz. String Cheese 1 oz. Water
17	18	19	20	21
Pita Pocket 1 oz. Apple Slices 6 oz. Water	Broccoli Salad 6 oz. Wheat Roll 1 oz. Water	Fruit Yogurt 6 oz. Whole Grain Granola 1 oz. Water	Graham Crackers 1 oz. Fresh Oranges 6 oz.	Fig Newtons 1 oz. 1% Milk 8 oz.
24	25	26	27	28
Blueberry Muffin 1 oz. 1% Milk 8 oz.	Naan Bread 1oz. 100% Fruit Juice 6 oz.	Whole Grain Pretzel Goldfish 1 oz. String Cheese 1 oz. Water	Whole Grain Cheez-Its Crackers 1 oz. Steamed Celery and Carrot Sticks 4 oz. Water	Nutri Grain Bar 1 oz. 1% Milk 6 oz.
31				
Fresh Cucumber Sticks 6 oz. Cottage Cheese Ranch 1 oz. Goldfish Crackers 1 oz. Water				

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