



Renu Hope Foundation Breakfast For (1-2 years old) March 01-31, 2023

In accordance with Federal Law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, of Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 or 202-7206382 (TTY). USDA is an equal opportunity employer.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Rice Krispies Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.	2 English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz.	3 Cheerios Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.
6 Corn Flakes Cereal ¾ C. Bananas 2oz. Milk 4oz.	7 Blueberry Muffin ½ Serving. Fruit Cup 2oz. Milk 4oz	8 Cold Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.	9 Waffles ½ Serving. Applesauce Cup 2oz. Milk 4oz.	10 Raising bread ½ serving. Fruit Cup 2oz. Milk 4oz.
13 Rice Chex cereal 1 C. Bananas 2oz. Milk 4oz	14 Mini bagels ½ Serving. Fruit Cup 2oz. Milk 4oz.	15 Rice Krispies Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.	16 English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz.	17 Cheerios Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.
20 Corn Flakes Cereal ¾ C. Bananas 2oz. Milk 4oz.	21 Bran Muffins ½ Serving. Fruit Cup 2oz. Milk 4oz.	22 Cold Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.	23 Pancakes ½ Serving. Applesauce 2oz. Milk 4oz	24 Banana Bread ½ serving. Fruit Cup 2oz Milk 4oz
27 Rice Chex cereal 1 C. Bananas 2oz Milk 4oz	28 Mini bagels ½ serving. Fruit Cup 2oz. Milk 4oz.	29 Rice Krispies Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.	30 English muffins ½ serving. Applesauce Cup 2oz. Milk 4oz.	31 Cheerios Cereal ¾ C. Fruit Cup 2oz. Milk 4oz.

***Waiver in place for non-congregate meal services, mealtime flexibilities and meal pattern.

***Children are served enriched whole grain and whole wheat products. 100% WHEAT AND GLUTEN FREE CRACKERS, BARS AND BREAD ARE SERVED.

***We serve whole milk for children 1-2 years of age, and 1% milk for children 3-5 years of age.

***Substitutions for dairy products include soy milk, rice milk, soy yogurt and soy butter.

***Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.

Water is available to children daily. **WE ARE A NUT FREE INSTITUTIONS*****



Renu Hope Foundation Lunch For (1-2 years old) March 1-31, 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mac and Cheese 4oz. Steamed Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	2 Tuna Salad 1 oz. Saltine Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	3 Cheese and Turkey Wrap 1oz. Tortilla wrap ½ Serving. Fresh veggies 1oz. Fruit Cup 1oz. Milk 4oz.
6 B.B.Q Chicken 1oz. Wheat Bread ½ serving. Mashed Potato 1oz. Fresh Fruit 1oz. Milk 4oz.	7 Chicken Patties 1oz. Hamburger Bun ½ Serving. Fresh Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	8 Beef Taco 1oz. Flour Tortilla ½ Serving. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	9 Chicken salad 1 oz. Wheat Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	10 Turkey and Cheese Sandwich 1oz. Wheat Bread ½ Serving. Fresh Lettuce and tomato 1oz. Fruit Cup 1oz. Milk 4oz.
13 Pepperoni & Cheese Pizza 1ea. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	14 Chicken Nuggets 1 oz. Steamed vegetables 1oz. Fruit cup 1oz. Milk 4oz.	15 Mac and Cheese 4oz. Steamed Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	16 Tuna Salad 1 oz. Saltine Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	17 Cheese and Turkey Wrap 1oz. Pita bread ½ Serving. Fresh veggies 1oz. Fruit Cup 1oz. Milk 4oz.
20 Spaghetti & Meatball 1oz. Spaghetti pasta ¼ c. Fresh salad 1oz. Fresh Fruit 1oz. Milk 4oz.	21 Beef patties 1oz. Hamburger Bun ½ serving. Fresh Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	22 Chicken Alfredo 1.oz. Fetuccini pasta ¼ c. Fresh Vegetables 1oz. Fresh fruit 1oz. Milk 4oz.	23 Chicken salad 1oz. Wheat Crackers ½ serving. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	24 Turkey and Cheese Sandwich 1oz. Wheat Bread ½ Serving. Fresh Lettuce and tomato 1oz. Fruit Cup 1oz. Milk 4oz.
27 Rice and Beef Goulash 1 oz Brown Rice ¼ c. Steamed Vegetables 1 oz. Fresh Fruit 1oz. Milk 4oz.	28 Mac and cheese 1ea. Steamed Vegetables 1oz. Canned Fruit 1oz. Milk 4oz.	29 Chicken Nuggets 1oz. Fresh Vegetables 1oz. Fresh Fruit 1oz. Milk 4oz.	30 Tuna noodle casserole 1 oz Elbow pasta ¼ c. Steamed vegetables 1oz. Canned fruit 1oz. Milk 4oz.	31 Cheese and Turkey Wrap 1oz. Tortilla wrap ½ Serving. Fresh veggies 1oz. Fruit Cup 1oz. Milk 4oz.

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Renu Hope Foundation Snack For (1-2 years old) March 1-31, 2023

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	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	2 Vanilla Crackers ½ serving. Yogurt 2oz. Water	3 Lorna Doone crackers ½ serving. Milk 4oz.
6 Cheez it Crackers ½ Serving. 100 % Fruit Juice 4oz.	7 Vanilla Pudding 2oz. Nilla wafers ½ serving. Water	8 Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	9 Graham Crackers ½ Serving. Yogurt 2oz. Water	10 Strawberry Nutri Grain ½ Serving. Milk 4oz.
13 Fig Newton ½ serving. Milk 4oz.	14 Wheat thins crackers ½ Serving. Fruit Cup 4oz. Water	15 Babybel Semisoft Cheese 1oz Saltine crackers ½ serving. 100% Fruit Juice 4oz.	16 Vanilla Crackers ½ Serving. Yogurt 2oz. Water.	17 Lorna Doone Crackers ½ serving, Milk 4oz.
20 Ritz Bits Crackers ½ Serving. 100 % Fruit Juice 4oz.	21 Chocolate pudding 2oz. Nilla wafers ½ serving. Water	22 Soft spread cheese ½ oz. Naan Bread ½ serving. 100% Fruit Juice 4oz.	23 Graham crackers ½ Serving. Yogurt 2oz. Water	24 Apple Nutri grain bar ½ Serving. Milk 4oz.
27 Fig Newton ½ serving. Milk 4oz	28 Wheat crackers ½ Serving. Fruit Cup 4oz. Water	29 Cheese stick ½ oz. Club Crackers ½ Serving. 100% Fruit Juice 4oz.	30 Vanilla Crackers ½ serving. Yogurt 2 oz. Water	31 Lorna Doone Crackers ½ serving, Milk 4oz.

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