



# Renu Hope Foundation

## Breakfast For ( 2 - 5 ) Yrs Old

### August 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy  
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and  
 Plant Based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to  
 serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a nut free institution.**

| MONDAY                                                                                                  | TUESDAY                                                                      | WEDNESDAY                                                                             | THURSDAY                                                                                              | FRIDAY                                                                                                 |
|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| <b>3</b><br>Whole Grain Cherrios $\frac{3}{4}$ C<br>Fresh Bananas 4 oz.<br>1% Milk 6 oz.                | <b>4</b><br>Carrot Bread 1 oz.<br>Tropical Fruit 2 oz.<br>1% Milk 4 oz.      | <b>5</b><br>Whole Grain Waffles 1 oz.<br>Mandarin Oranges 4 oz.<br>1% Milk 6 oz.      | <b>6</b><br>Egg Patty 1oz<br>Pita Pocket 1 oz.<br>Mixed Fruit 4 oz.<br>1% Milk 6 oz.                  | <b>7</b><br>Yogurt & Granola 4 oz.<br>Whole Grain Granola 1oz.<br>Diced Peaches 4 oz.<br>1% Milk 6 oz. |
| <b>10</b><br>W. Wheat English Muffin<br>1oz<br>Tropical Fruit 4 oz<br>1% Milk 6 oz                      | <b>11</b><br>W. Wheat Waffles 1 oz.<br>Diced Pears 4 oz.<br>1% Milk 6 oz.    | <b>12</b><br>Bran Bread 1oz.<br>Diced Peaches 4 oz.<br>1% Milk 6 oz.                  | <b>13</b><br>Egg Bites 1oz<br>Whole Wheat Toast 1 oz.<br>Mixed Fruit 4 oz.<br>1% Milk 6 oz.           | <b>14</b><br>Zucchini Bread 1oz.<br>Mandarin Oranges 4 oz.<br>1% Milk 6 oz.                            |
| <b>17</b><br>Yogurt & Granola 4 oz.<br>Whole Grain Granola 1oz.<br>Fresh Bananas 4 oz.<br>1% Milk 6 oz. | <b>18</b><br>W. Wheat French Toast 1 oz<br>Applesauce 2 oz.<br>1% Milk 6 oz. | <b>19</b><br>Carrot Bread 1 oz.<br>Tropical Fruit 4 oz.<br>1% Milk 6 oz.              | <b>20</b><br>Hard Boiled Eggs 1oz.<br>Whole Wheat Toast 1 oz.<br>Diced Peaches 4 oz.<br>1% Milk 6 oz. | <b>21</b><br>Whole Grain Waffles $\frac{3}{4}$ C<br>Mandarin Oranges 4 oz.<br>1% Milk 6 oz.            |
| <b>24</b><br>Whole Grain Cherrios $\frac{3}{4}$ C<br>Diced Peaches 4 oz.<br>1% Milk 6 oz.               | <b>25</b><br>Zucchini Bread 1oz.<br>Fresh Oranges 4 oz.<br>1% Milk 6 oz.     | <b>26</b><br>W. Wheat English Muffin<br>1oz.<br>Tropical Fruit 4 oz.<br>1% Milk 6 oz. | <b>27</b><br>Turkey Sausage 1 oz.<br>Biscuit 1 oz.<br>Diced Pears 4 oz.<br>1% Milk 6 oz.              | <b>28</b><br>W. Wheat French Toast 1 oz<br>Applesauce 4 oz.<br>1% Milk 6 oz.                           |
| <b>31</b><br>Yogurt & Granola 4 oz.<br>Whole Grain Granola 1oz.<br>Fresh Bananas 4 oz.<br>1% Milk 6 oz. |                                                                              |                                                                                       |                                                                                                       |                                                                                                        |

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**



# Renu Hope Foundation

## Lunch For (2-5) yrs.

### August 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 2-5 years of age are served 1 % milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a Nut free institution.**

| MONDAY                                                                                                                                         | TUESDAY                                                                                                                                        | WEDNESDAY                                                                                                                                                          | THURSDAY                                                                                                                                                    | FRIDAY                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>3</b><br>Bean & Cheese Burrito 1.5 oz.<br>Whole Wheat Tortilla 1 oz.<br>Green Beans 2 oz.<br>Pineapple Tidbits 2 oz.<br>1% Milk 6 oz.       | <b>4</b><br>Tuna/Chicken Sandwich 1.5 oz.<br>Whole Wheat Bread 1oz<br>Mixed Vegetables 2oz.<br>Mandarin Oranges 2 oz.<br>1% Milk 6 oz.         | <b>5</b><br>Whole Wheat Pasta with<br>Tomato Marinara Sauce 1.5 oz.<br>Turkey Meatballs 1.5 oz.<br>Steamed Zucchini 2 oz.<br>Diced Peaches 2 oz.<br>1% Milk 6 oz.  | <b>6</b><br>Cheese Quesadilla 1.5oz.<br>Wheat Tortilla 1 oz.<br>Black Beans 2 oz.<br>Cal Blend Vegetables 2 oz.<br>Fresh Apple Slices 2oz.<br>1% Milk 6 oz. | <b>7</b><br>W.W Chicken Nuggets 1.5oz<br>Wheat Bread 1oz.<br>Broccoli Salad 2 oz.<br>Diced Pears 2 oz.<br>1% Milk 6 oz.           |
| <b>10</b><br>Ground Beef & Cheese Taco 1.5 oz.<br>Wheat Tortilla 1 oz.<br>Fresh Pico De Gallo 2 oz.<br>Diced Peaches 2 oz.<br>1% Milk 6 oz.    | <b>11</b><br>Ground Beef Meatloaf 1.5oz.<br>Wheat Dinner Roll 1 oz<br>Mixed Vegetables 2 oz.<br>Fresh Oranges 2 oz<br>1% Milk 6 oz.            | <b>12</b><br>Turkey & Cheese Sandwich 1.5 oz.<br>Wheat Bread 1 oz.<br>Cal Blend Vegetables 2 oz.<br>Fresh Apple Slices 2 oz.<br>1% Milk 6 oz.                      | <b>13</b><br>Mac and Cheese Pasta 4 oz.<br>Whole Wheat Pasta 1 oz<br>Steamed Broccoli 2 oz.<br>Tropical Fruit 2 oz.<br>1% Milk 6 oz.                        | <b>14</b><br>Tuna/Chicken Sandwich 1.5 oz.<br>Whole Wheat Bread 1oz<br>Mixed Vegetables 2oz.<br>Applesauce 2 oz.<br>1% Milk 6 oz. |
| <b>17</b><br>Teriyaki Chicken 1.5 oz.<br>Brown Rice 1 oz.<br>Oriental Blend Vegetables 2 oz.<br>Fresh Apple Slices 2 oz.<br>1% Milk 6 oz.      | <b>18</b><br>Fish Taco 1.5 oz.<br>Wheat Tortilla 1 oz<br>Coleslaw Salad 2 oz.<br>Mango 2 oz.<br>1% Milk 6 oz.                                  | <b>19</b><br>Turkey & Cheese Wrap 1.5 oz.<br>Spinach Tortilla 1 oz.<br>Fresh Lettuce & Cucumber 2 oz.<br>Diced Peaches 2 oz.<br>1% Milk 6 oz.                      | <b>20</b><br>Brown Rice and Black Beans Bowl 3 oz.<br>Fresh Pico de Gallo 2 oz.<br>Shredded Cheese 1.5 oz.<br>Mandarin Oranges 2 oz.<br>1% Milk 6 oz.       | <b>21</b><br>Chicken Salad 1.5 oz.<br>Wheat Crackers 1 oz.<br>Mixed Vegetables 2 oz.<br>Fruit Cocktail 2 oz.<br>1% Milk 6oz.      |
| <b>24</b><br>Ground Beef & Cheese Taco 1.5 oz.<br>Wheat Tortilla 1 oz.<br>Fresh Pico De Gallo 2 oz.<br>Mandarin Oranges 2 oz.<br>1% Milk 6 oz. | <b>25</b><br>Turkey and Cheese Sandwich 1.5 oz.<br>Whole Wheat Bread 1 oz.<br>Cal Blend Vegetables 2 oz.<br>Diced Pears 2 oz.<br>1% Milk 6 oz. | <b>26</b><br>Whole Wheat Pasta with<br>Tomato Marinara Sauce 1.5 oz.<br>Turkey Meatballs 1.5 oz.<br>Steamed Zucchini 2 oz.<br>Diced Peaches 2 oz.<br>1% Milk 6 oz. | <b>27</b><br>Cheese Quesadilla 1.5oz.<br>Wheat Tortilla 1 oz.<br>Black Beans 2 oz.<br>Fresh Pico de Gallo 2 oz.<br>Fresh Apple Slices 2oz.<br>1% Milk 6 oz. | <b>28</b><br>Fish Sticks 1.5 oz.<br>Steamed Carrots 2 oz.<br>Quinoa 1 oz.<br>Fresh Bananas 2 oz.<br>1% Milk 6 oz.                 |
| <b>31</b><br>Chicken Lo Mein 1.5oz.<br>Lo Mein Noodles 2 oz.<br>Oriental Blend vegetables 2 oz.<br>Diced Peaches 2 oz.<br>1% Milk 6 oz.        |                                                                                                                                                |                                                                                                                                                                    |                                                                                                                                                             |                                                                                                                                   |

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**



# Renu Hope Foundation

## Snack For (2 -5) Yrs Old

### August 01-31, 2026

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Non-fat (skim) milk, Non-Fat Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter. Non-Dairy and Plant based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a Nut free institution.**

| MONDAY                                                                                        | TUESDAY                                                                | WEDNESDAY                                                               | THURSDAY                                                                                      | FRIDAY                                                                |
|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>3</b>                                                                                      | <b>4</b>                                                               | <b>5</b>                                                                | <b>6</b>                                                                                      | <b>7</b>                                                              |
| Fruit Yogurt 4 oz.<br>Whole Grain Granola 1 oz.<br>Water                                      | Naan Bread 1 oz.<br>100% Fruit Juice 4 oz.                             | Whole Grain Cheez-its<br>Crackers 1 oz.<br>String Cheese 1 oz.<br>Water | Fresh Cucumber Sticks 4 oz.<br>Cottage Cheese Ranch 1 oz.<br>Goldfish Crackers 1 oz.<br>Water | Blueberry Muffin 1 oz.<br>1% Milk 6 oz.                               |
| <b>10</b>                                                                                     | <b>11</b>                                                              | <b>12</b>                                                               | <b>13</b>                                                                                     | <b>14</b>                                                             |
| Fig Newtons 1 oz.<br>1% Milk 6 oz.                                                            | Wheat Roll 1 oz.<br>Steamed Celery and Carrot<br>Sticks 4 oz.<br>Water | Pita Pocket 1 oz.<br>Apple Slices 4 oz.<br>Water                        | Naan Bread 1 oz.<br>Mandarin Oranges 4 oz.<br>Water                                           | Whole Grain Pretzel<br>Goldfish 1 oz.<br>String Cheese 1 oz.<br>Water |
| <b>17</b>                                                                                     | <b>18</b>                                                              | <b>19</b>                                                               | <b>20</b>                                                                                     | <b>21</b>                                                             |
| Pita Pocket 1 oz.<br>Apple Slices 4 oz.<br>Water                                              | Broccoli Salad 4 oz.<br>Wheat Roll 1 oz.<br>Water                      | Fruit Yogurt 4 oz.<br>Whole Grain Granola 1 oz.<br>Water                | Graham Crackers 1 oz.<br>Fresh Oranges 6 oz.                                                  | Fig Newtons 1 oz.<br>1% Milk 6 oz.                                    |
| <b>24</b>                                                                                     | <b>25</b>                                                              | <b>26</b>                                                               | <b>27</b>                                                                                     | <b>28</b>                                                             |
| Blueberry Muffin 1 oz.<br>1% Milk 6 oz.                                                       | Naan Bread 1 oz.<br>100% Fruit Juice 4 oz.                             | Whole Grain Pretzel Goldfish 1<br>oz.<br>String Cheese 1 oz.<br>Water   | Whole Grain Cheez-Its<br>Crackers 1 oz.<br>Steamed Celery and Carrot<br>Sticks 4 oz.<br>Water | Nutri Grain Bar 1 oz.<br>1% Milk 6 oz.                                |
| <b>31</b>                                                                                     |                                                                        |                                                                         |                                                                                               |                                                                       |
| Fresh Cucumber Sticks 4 oz.<br>Cottage Cheese Ranch 1 oz.<br>Goldfish Crackers 1 oz.<br>Water |                                                                        |                                                                         |                                                                                               |                                                                       |

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**