



Renu Hope Foundation
Breakfast For (1-2 years old)
October 01-31, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and
 Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to
 serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Pancakes ½ serv. Sliced Pears 2oz. Milk 4oz.	English Muffins ½ serv. Diced Peaches 2oz. Milk 4 oz.	Blueberry Bread ½ serv Mandarin Oranges 4oz Milk 4oz.	Yogurt W/granola 4 oz. Fresh Bannas 4oz. Milk 4oz.
7	8	9	10	11
Mini Bagels ½ Serving. Appla Sauce 2 oz. Milk 4oz	Bran Muffins 1/2 Serving. Pineapple Tibbits 2oz. Milk 4oz.	Rice Krispies ¾ Serving Tropical fruit 2oz. Milk 4 oz.	French Toast 1/2 Serving. Applesauce 2oz. Milk 4oz.	Banana muffin ½ Serving. Diced Peach 2oz. Milk 4oz
14	15	16	17	18
Waffles ½ Serving Fresh Bananas 2oz. Milk 4oz.	Apple Bread ½ Serving. Mandarin Orange 2oz. Milk 4oz.	Freach Toast 1/2 Serving. Tropical fruit 2 oz. Milk 4oz.	Corn Flakes 1 C. Fresh Oranges 2 oz. Milk 4oz.	Orange & Raspberry Muffin 3/4 Serving. Fresh Bananas 2oz. Milk 4oz.
21	22	23	24	25
Raisin Bread 1/2 Serving Sliced Peaches 2oz. Milk 4oz.	Mini Bagels 1/2 Serving. Fresh Oranges 2oz. Milk 4oz.	Yogurt w/ granola 4oz Diced Pears 2oz. Milk 6oz.	Carrot Bread 1/2 serving. Applesauce 2oz. Milk 4oz	Banana Bread ½ Serving. Diced Peach 2oz. Milk 4oz
28	29	30	31	
Corn Muffin 1/2 Serving. Fresh Bananas 2oz. Milk 4oz.	Pancake ½ Serv Tropical fruit 2oz Milk 4oz	Rice Chex ¾ Serv Mandarin oranges 2oz Milk 4oz	Pumkin Bread ½ Serv Sliced Peaches 2oz Milk 4oz	

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: <https://www.usda.gov/sites/default/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.



**Renu Hope Foundation
Lunch For (1-2 years old)
October 1-30, 2024.**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...

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	<p>1</p> <p>Black beans and rice bowl 2oz Brown Rice ½ serv Flour tortilla ½ Serving. Fresh Orange Slices 1oz Milk 4 oz.</p>	<p>2</p> <p>Turkey Noodle Casserole 1 oz Wheat Spaghetti Pasta ½ serv Broccoli Florets 1 oz. Fresh Apples 1 oz. Milk 4 oz</p>	<p>3</p> <p>Mac and Cheese 1 oz. Whole grain pasta ½ serv Cal Blend Vegetables 1 oz. Tropical Fruit 1 oz Milk 4 oz.</p>	<p>4</p> <p>Turkey and Cheese Sub 1 oz. Whole Grain Sub Roll ½ Serving. Lettuce and Tomatoes 1oz. Watermelon 1 oz. Milk 4 oz.</p>
<p>7</p> <p>Chicken Noodle Soup 1 oz. Whole Grain Pasta ½ Serving. Mixed Vegetables 1 oz. Fresh Mixed Berries 1 oz. Milk 4 oz</p>	<p>8</p> <p>Greek Gyro Pita Pocket Ground beef 1 oz Whole Grain Pita Pocket ½ serv Fresh Mixed Vegetables 1 oz Fresh Cantaloupe 1 oz Milk 4 oz.</p>	<p>9</p> <p>Vegetable Chili. Kidney Red Beans 1 oz Whole wheat bread ½ serv Diced Tomatoes/Celery 1oz. Fresh Pineapple 1 oz. Milk 4 oz</p>	<p>10</p> <p>Fish or Chicken Strips 1oz. Breading ½ Serving. Fresh Salad 1 oz. Fresh Orange Slices 1 oz Milk 4 oz.</p>	<p>11</p> <p>Taco Salad Ground Beef 1 oz Fiesta Chips 2 oz. Pico de Gallo 1 oz. Fresh Apple 1 oz. Milk 4oz.</p>
<p>14</p> <p>Chicken Wrap 1 oz. Whole Grain Tortilla ½ serv Cucumbers and Tomatoes 1 oz. Fresh Diced Mango 1 oz. Milk 4 oz.</p>	<p>15</p> <p>Chicken or Tuna Casserole 1oz. Whole Grain Pasta 1/2 Serving. Green Beans 1 oz. Fresh Berries 1 oz. Milk 4 oz.</p>	<p>16</p> <p>Tomato Basil Soup 4oz W. wheat Bread w/Ch ½ ser Fresh Watermelon 1 oz. Milk 4 oz</p>	<p>17</p> <p>Turkey and Cheese Sub 1 oz. Whole Grain Sub rolls ½ serv Lettuce-Tomato 1 oz. Fresh Apple 1 oz. Milk 4 oz</p>	<p>18</p> <p>Spaghetti and Meatballs 1 oz. Whole Grain Pasta 1/2 serv. Steamed Cal-blend 1 oz. Fresh Orange Slices 1 oz. Milk 4oz.</p>
<p>21</p> <p>Teriyaki Chicken 1oz. Brown Rice 1/2 serving. Asian Blend Vegetables 1 oz. Fresh Melon 1 oz. Milk 4 oz.</p>	<p>22</p> <p>Chili Mac 1 oz. Whole Grain Pasta ½ serv Peas and Carrots 1 oz. Diced Peaches 1 oz Milk 4 oz</p>	<p>23</p> <p>Vegetarian Lasagna 2 oz. Whole Wheat pasta ½ Serving. Mixed Vegetables 1 oz. Fresh Apple Slices 1 oz. Milk 4 oz.</p>	<p>24</p> <p>Bean and Cheese Burrito 1oz. Flour Tortilla 1/2 serving. Pinto Beans 1 oz. Fresh Berries 1 oz. Milk 4 oz.</p>	<p>25</p> <p>Albondigas Soup 1 oz. Whole Wheat Bread ½ slice 4way Mix Vegetables 1 oz. Fresh Pineapple 1 oz. Milk 4 oz.</p>
<p>28</p> <p>Cheese Quesadilla 1 oz Flour Tortilla ½ slice Refried Beans 1 oz. Fresh Orange Slices 1 oz. Milk 4 oz.</p>	<p>29</p> <p>Asian Chicken or Tuna Burger 1oz Whole Wheat Bread ½ serv Lettuce and Cucumbers 1 oz. Fresh Apple Slices 1 oz. Milk 4 oz.</p>	<p>30</p> <p>Chicken Enchilada Casserole 1oz. Corn Tortilla 1/2 serv Fiesta Corn 1 oz. Fresh Watermelon 1 oz. Milk 4 oz.</p>	<p>31</p> <p>Turkey & Ch Wrap 1 oz. Tomato Basil Tortilla 1/2 serv Shred Lettuce and Tomatoes 1oz Tropical Fruits 1 oz. Milk 4 oz.</p>	

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**Renu Hope Foundation
Snack For (1-2) years old
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Babybel Semisoft Ch. 1oz. Breadstick ½ oz. 100% Fruit Juice 4oz	Rice Cakes ½ serving Fresh Fruit 4 oz. Water	Carrots/Celery 4oz. Ranch Dip ½ oz. Water	Corn Muffin ½ Serving. Milk 4oz.
7	8	9	10	11
Cottage cheese 2oz. Diced peach 4oz. Water.	Soft spread cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	Jicama Sticks 4oz Saltine Crackers ½ oz. Cottage Ranch dressing ½ oz.	Fruit Yogurt 2oz. Animal Crackers ½ oz. Water	Wheat Thins ½ Serving String Cheese ½ oz Water
14	15	16	17	18
Fresh Broccoli & Cauliflower Florets 4 oz. Sun Butter Dip ½ oz	Hummus ½ oz. Pita Pocket ½ Serving 100% Fruit Juice 4oz.	Fresh Apples 4oz Soy butter ½ oz. Water	Nutrigrain Bar ½ Serving. Milk 4 oz.	Fresh Cucumbers 4 oz Oatmeal Cake ½ Serving. Water
21	22	23	24	25
Blueberry Bread 2oz. Milk 4oz.	String Cheese ½ oz. Naan Bread ½ Serving. Tropical fruit 4oz.	Fresh Fruit 4oz. Soft Bread sticks ½ Serving Water.	Cottage Cheese 2oz. Fresh Pineapple 4 oz. Water	Goldfish Crackers ½ oz. 100% Fruit Juice 4oz.
28	29	30	31	
Graham Crackers ½ oz. Fruit Yogurt 4oz.	Fig Newtons ½ Serving Diced Peaches 4 oz. Water	Carrot & Celery Sticks 4 oz. Cucumber Dip ½ oz Water	Naan Bread ½ Serving Soy Butter ½ oz 100% Fruit Juice 4 oz.	

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